

DON BOSCO COLLEGE, KOHIMA

DEPARTMENT OF COMMERCE

1st Departmental Activity

On

Skill Development Program

Time: 9:00 am

Venue: Hall F1

Order of the Program

Leader: Keneisenuo Miachieo

Bible Reading: Keneisa Sothu

Invocation: Shojila Kihomong

Exhortation: Miss Kevisenuo Nancy Belho

Activity: "RECYCLING AND RECREATING WASTE PRODUCTS"

Benediction: Miss Sharon Khing

Don Bosco College Kohima
Department of Commerce
1st Departmental program on Skill development Program

18th September 2021
Kohima, Nagaland

Department of Commerce held a program on Skill development under the theme “Recycling and Recreating waste products”.

The program was held to impart the students the knowledge and develop them to manage and recycle waste.

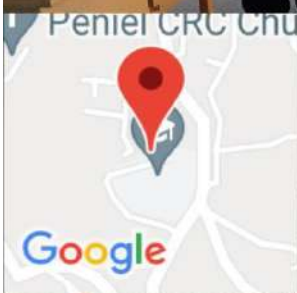
The program was chaired by Keneisenuo Miacheo. It started with a prayer by Shojila Kihomong and thereafter Keneisa Sothu read to us a Bible passage.

Miss Kevisenuo Nancy Belho, Assistant Professor, Dept. of Commerce exhorted the students on how to manage our waste and not pollute the environment.

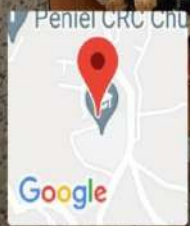
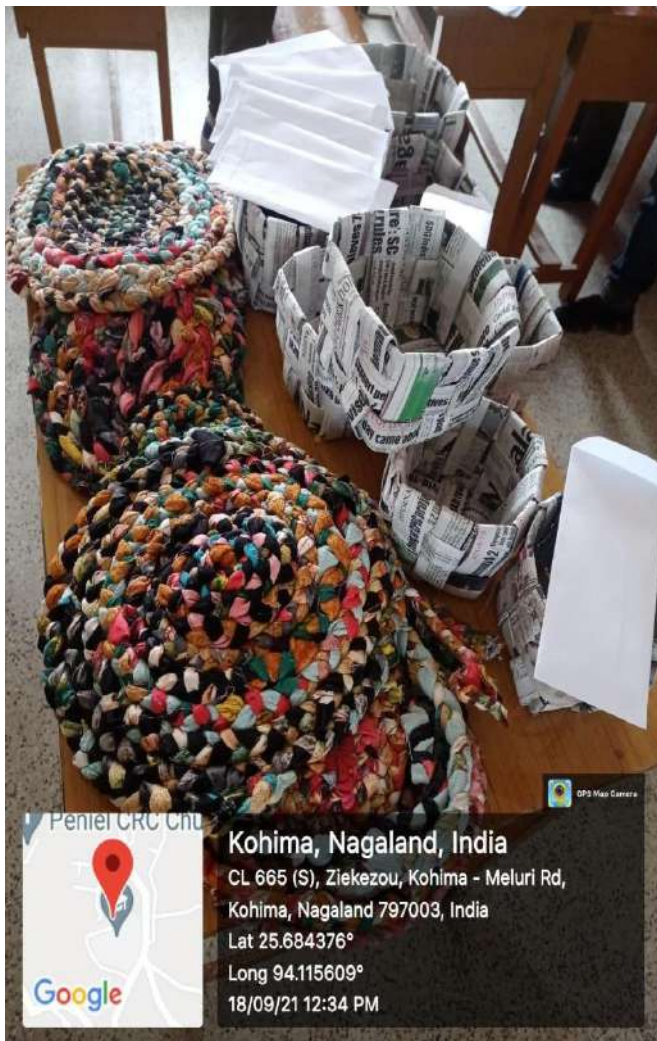
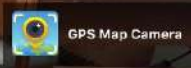
Activity on Recycling and Recreating waste products was conducted where all the students were taught to make different items using waste products such as old clothes and newspapers.

The program ended with a prayer and it was a success.

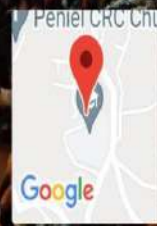




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797003, India
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Long 94.115614°
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Kohima, Nagaland, India
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Department of Education

Don Bosco College, Kohima

Invited Talk on
Pursuit of Higher and Quality Education

with Resource Person

Dr. Neizo-ü Mero

Assistant Professor, Department of Education,
Nagaland University

Date: 18th September 2021

Time: 12:30 PM onwards

Order of Programme

Chairperson	: Küdülü Kellao <i>BA 3rd Semester</i>
Prayer	: Peli Pfoze <i>BA 1st Semester</i>
Welcome note	: Neinguzonuo Linyü <i>BA 5th Semester</i>
Special Number	: Vitseinuo Khubve <i>BA 3rd Semester</i>

Talk by Resource Person

Words of thanks	: Munurolü Chüzho <i>BA 5th Semester</i>
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[Click here to attend the programme via Google Meet](#)



Department of Education

Department Activity Report - 18th September 2021

The Department of Education, DBCK conducted its first departmental activity for the academic session 2021-22 on 18th September 2021. An invited talk on “Pursuit of Higher and Quality Education” with resource person Dr. Neizo-ü Mero, Assistant Professor, Department of Education, Nagaland University marked the activity.

Dr. Mero in her talk highlighted on the concept of Quality education from ‘students perspective’, and maintained that quality education is of paramount importance to sustain a progressive society. She was also of the opinion that ‘if are to define only in terms of formal education for success, it will be very narrow and incomplete’, and further opined on the need to include formal and informal education.

Dr. Mero further stressed upon the first aim of education should be to ‘become a person’, importance of acquiring skills and thereby encouraged the students to learn values viz. honesty, sincerity, respect, hardwork and diligence.

The talk was also followed by an interactive session, wherein students clarified several questions pertaining quality education and other tips to success.

The one and half hour programme was successfully conducted via Google Meet. A total of 3 teachers and fifty five students from Education Department, DBCK participated in the meet. The programme was chaired by Küdülü Kellao, BA 3rd Semester and welcome note was delivered by Neinguzonuo Linyü, BA 5th Semester. Peli Pfoze, BA 1st Semester invoked God’s presence and a special number was presented by Vitseinuo Khubve, BA 3rd Semester. Vote of thanks was proposed by Munuvolü Chüzho, BA 5th Semester.





Don Bosco College Kohima

In Collaboration with
KVSU and PHC Kohima Village

Presents

SENSITIZATION on

Covid-19 Vaccination

With

CMO Kohima Team

Date: 24th Sept 2021

Time: 12:00 Noon

Meet link: <https://meet.google.com/afs-pfqm-qir>

*For any queries contact: 8731911527

24th September, 2021
at 12:00 Noon

[Click here to attend programme
via Google Meet](https://meet.google.com/afs-pfqm-qir)

The **Threat** is the
VIRUS
not the
PEOPLE



Don Bosco College, Kohima

In Collaboration with KVSU and PHC Kohima Village

Sensitization on Covid-19 Vaccination
With
CMO, Kohima Team

Programme Schedule

- Chairperson : Thulinthong, T
General Secretary, DBCKSF
- Prayer : Lumtsingse L Sangtam
Publicity & Information Secy, DBCKSF
- Welcome Speech : Ms. Sharon Khing
*Assistant Professor & NSS Coordinator
Don Bosco College, Kohima*

Sensitization & Interaction

- Vote of Thanks : Mr. Lokho Athony
*Assistant Professor & NSS Coordinator
Don Bosco College, Kohima*

A program on Sensitization on Covid-19 Vaccination.

24th September, 2021
Kohima, Nagaland

Don Bosco College , Kohima in collaboration with Kohima Village Student Union (KVSU) President Nigel Solo and members and Primary Health Center (PHC) Team, held a program on the Topic "Sensitization on Covid-19 Vaccination" Presented by Dr. Vezokholü Theyo (Chief Medical Officer) , Dr.Rupert Peseyie (District Immunization officer) , Sir Ethungbemo (Drug Inspector) and Dr.Kevihule (District Servillance Officer).
The program was held to spread the awareness to the unvaccinated .

The welcome speech was given by Ms.Sharon Khing Assistant Professor & NSS Coordinator DBCK. Thereafter, the CMO delivered a lecture among the students and gave a brief introduction about the Corona virus, How it should be taken care and why should we be vaccinated. They believe that it is their social responsibility for everyone to be vaccinated. According to the CMO, Kohima 87% of the population has been vaccinated. Certain cautious and precautions were told to the students. The Religion assumptions and fake rumors were also discussed based on the vaccination. And also the affect and effect after the vaccination.

After which it was followed by the interaction with the students. Certain Questions were raised by the students

Such as " How long will the covid-19 vaccine last in us, If we are half vaccinated or fully vaccinated? "

They replied that with first dose of vaccine, one can get antibodies, so it is always advisable to take the second dose . Those who are fully vaccinated will get full protection after 2 to 3 weeks.

Some student also cleared thier problem regarding their aadhar card as their card has been rejected, regarding to that, they answered if their aadhar card does not work they can bring other Id such as Pan Card, Residential Proof Certificate or Driving license. And so on, They made the students clear and aware of the Vaccination.

Thereafter the interaction, Vote of Thanks was given by Mr. Lokho Athony, Assistant Professor &NSS Coordinator DBCK

Thus, the program was a success, and gave a clear understanding to all the students present.

- Elizabeth Khing
3rd semester
Sociology department .

The image shows a Zoom meeting interface. At the top, there are several participant thumbnails. One thumbnail shows 'The Nagaland Chamber Choir TNCC' with three members. Another shows a man wearing a headset. A third shows a circular profile picture with the text 'Lumtsingso L sangtam 200EDN88'. Below these, a notification says 'Linatali Chishi has left the meeting'. A central thumbnail shows '157 others' with two profile pictures. To the right, a large thumbnail shows a white letter 'F' on a dark background, labeled 'You'. The Zoom control bar at the bottom includes icons for mute, video, chat, hand, screen share, and call. Below the Zoom interface is a Windows taskbar with various application icons and a system tray showing 'GPS Map Camera' and the time '12:26 PM' on '24/09/21'. A location overlay is positioned at the bottom of the screen, featuring a map of West Africa with 'Mali' and 'Nigeria' labeled. To the right of the map, the following text is displayed: 'Kohima, Nagaland, India', 'CL 665 (S), Ziekezou, Kohima - Meluri Rd, Kohima, Nagaland 797003, India', 'Lat 25.684449°', 'Long 94.115886°', and '24/09/21 12:26 PM'. The background of the overlay is a close-up image of a red car's interior.

AIDA- DON BOSCO JOB PLACEMENT
NETWORK PRESENTS.....



Interview Skills Workshop

ONLINE TRAINING SESSION

ORGANISED BY

DON BOSCO JPN



Details:

SATURDAY, 16TH OCTOBER 2021

11:00 AM - 1:00 PM

Join us on

zoom

Meeting ID: 270 637 4013

Passcode: 727823

AIDA- Don Bosco Job Placement Network, India.
Don Bosco School Campus, Dimapur
Email: dimapur@donboscojobs.org



DON BOSCO COLLEGE, KOHIMA

CAREER COUNSELLING AND PLACEMENT CELL

REPORT ON INTERVIEW BUILDING SESSION

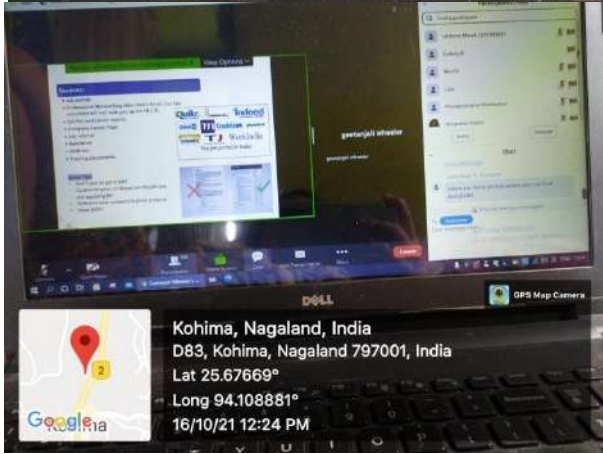
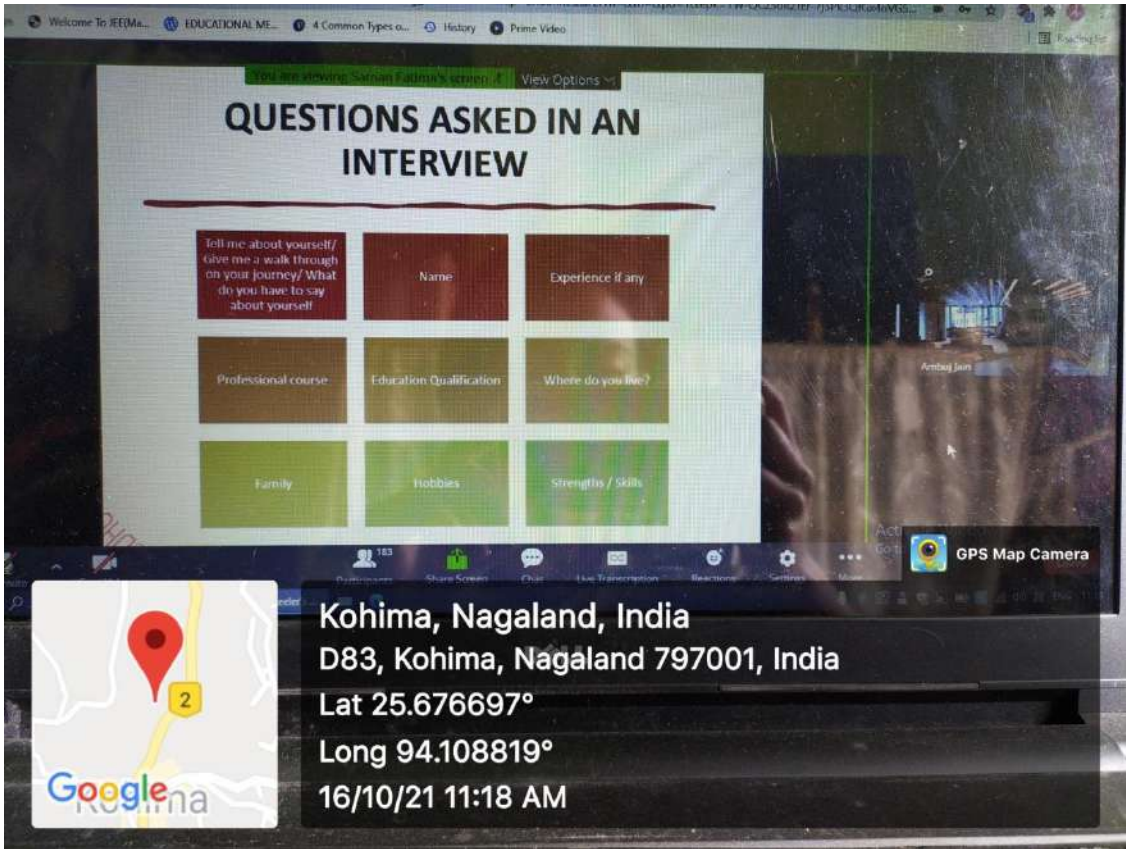
DATED: 16TH OCTOBER, 2021

The 5th Semester students of Don Bosco College, Kohima attended online training on 'Interview Building Session (Skills and Techniques)' on 16th October, 2021 at 11:00 am to 1:00 pm organised by Don Bosco Job Placement Network, India in collaboration with Macquarie Group, Delhi (Corporate Professional) through Zoom Meet.

The training session was conducted on the following skills and techniques:

- Confidence Building (grooming skills)
- Personality Development
- Self-Grooming
- 7 C's of communication
- Work-Life Balance
- Preparing Basic Resume (Good and Bad examples of resume)
- Group discussion (Break out room discussion)

The participants for the training were from Don Bosco College, Kohima and St. Anthony's College, Shillong. A total number of 202 participated in the training.



Report on Rajagiri SDG Workshop-16.

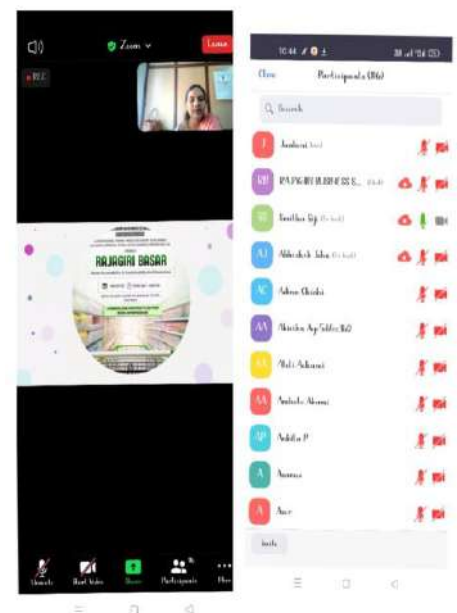
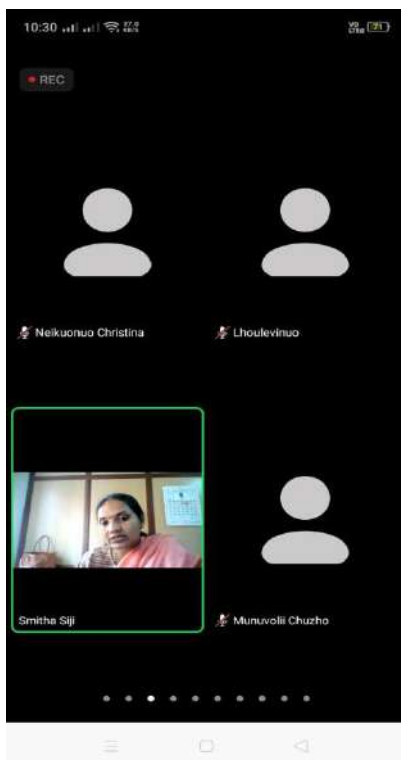
On 31st January 2022, the Rajagiri Business School in association with Don Bosco College, Kohima conducted a workshop through the Zoom meeting platform from 10:00 to 11:00am on the topic SDG Agenda 2030.

The welcome speech was addressed by Ms. Lhoulevinuo Kire. The co- host was Mr. Abhishek John. The resource person was Dr. Smitha Siji, who is the Associate Professor in Rajagiri Business School in Kochi, Kerala.

The resource person spoke on the Sustainable development goals in the Post- Pandemic World. Sustainable development which can be termed as "Our Common Future" (Brundtland Report). She talked about the 17 goals of SDG or the Global goals. The target time of this goal is the year 2030. She further mentioned about the development during the pandemic. She explained the future of work challenges. She graphically presented the composite score of NITI Aayog 2020. She talked about how the Rajagiri College of Social Sciences ranks second amongst cleanest amongst the Higher Educational Institutions in the country. She mentioned the outreach of Rajagiri to various agencies and departments. The programme ended with the vote of thanks by Temjenonen. After the end of the programme the students were asked to fill up a feedback form on Sustainable Development Goa

Sd/

Ankita 6th semester
English Dept.





DON BOSCO COLLEGE, KOHIMA

Affiliated to Nagaland University

Date: 24th January, 2022

NOTICE

This is to bring to your notice that Don Bosco College Kohima will be celebrating **12th National Voters Day** under the Theme: " Making Elections Inclusive, Accessible and Participative" along with the Office of The Chief Electoral Officer, Nagaland on **25th January 2022 at 11:00 am through online.**

Hence, 4th Semester Sociology Department will be participating in the said programme in Hall T1.

Sd/

Mrs. Zavelu Kezo Vero
Dean of Students' Affair
Don Bosco College Kohima

Sd/

Miss Sharon Khing
Nodal Officer SVEEP
Don Bosco College Kohima

P.B. 430, Kohima - 797 001, Nagaland

Website : dbckohima.ac.in : E-mail : donboscocollegekohima@gmail.com Ph. No. : 9436283185



The Chief Electoral Officer, Nagaland
cordially invites you to
the online State Level Function to commemorate the
12th National Voters' Day
on 25th January, 2022 at 11:00 AM

Online Link:
 **YouTube CEO Nagaland**
youtube.com/c/CEONagaland

OFFICE OF THE CHIEF ELECTORAL OFFICER NAGALAND



12th National Voters' Day 2022
 "Making Elections Inclusive, Accessible and Participative"



Miss Ashu Kiba
Nagaland State SVEEP PoD Icon



Miss Kawinwaningsilis
Miss Nagaland 2021 & Nagaland State SVEEP Icon

All are invited
to join the live virtual event
on January 25, 2022 at 11:00 AM (IST)
on our youtube channel  **YouTube CEO Nagaland**
youtube.com/c/CEONagaland





“ ”

National Voters' Day

DON BOSCO COLLEGE KOHIMA

12th NATIONAL VOTERS DAY 2022

Theme: "Making Elections Inclusive , Accessible and Participative"

Report on National Voters' Day 2022:

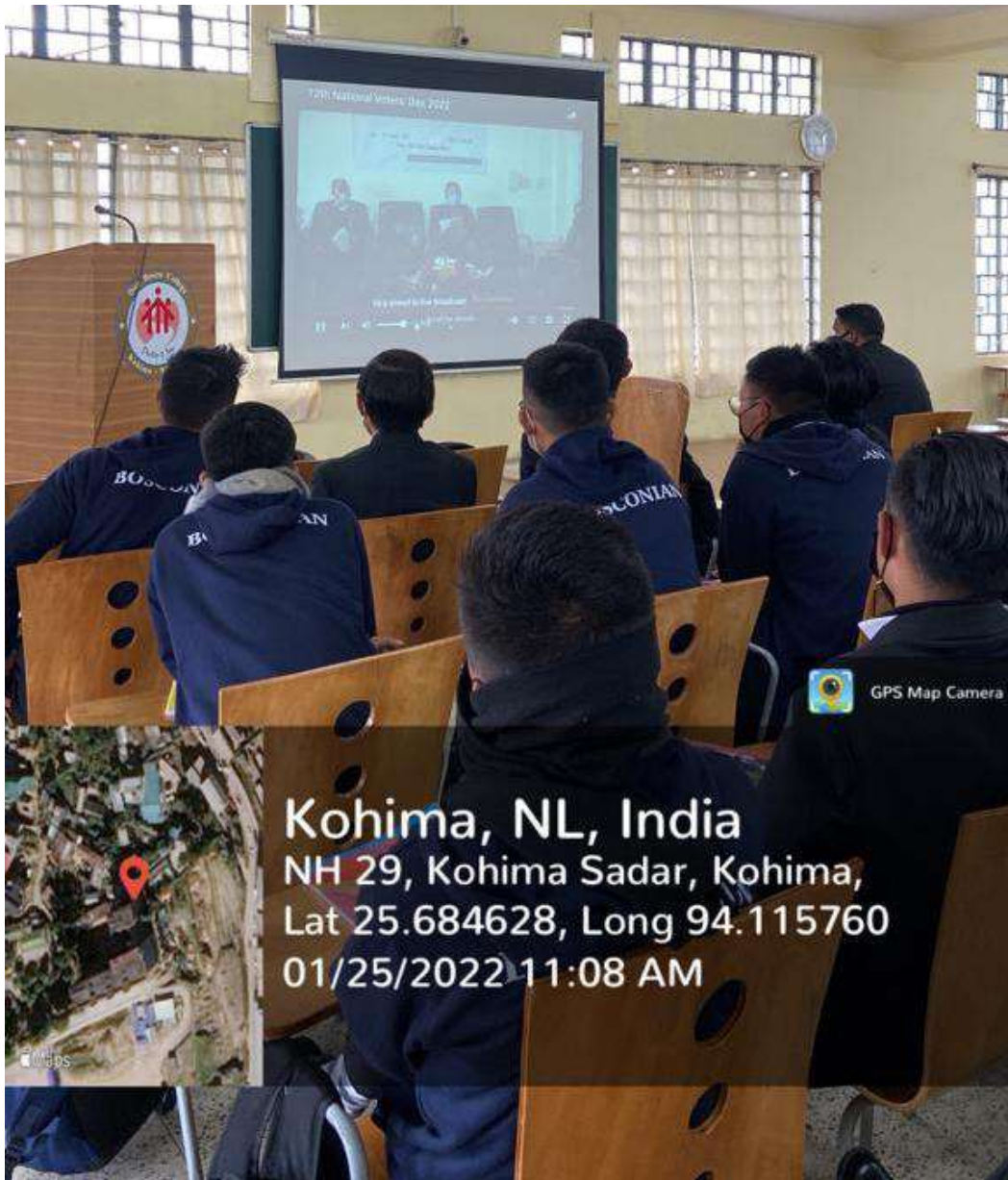
On 25th January 2022, in collaboration with the Chief Electoral Officer (Nagaland), the students of Don Bosco College Kohima attended the virtual program on the account of 12th National Voters' Day under the theme "**Making Elections, Inclusive, Accessible and Participative**". The day is observed to bring awareness and inform the public general on the importance of elections, voting rights, etc.

The virtual program was live telecast on the YouTube channel **CEO Nagaland**, which was attended by students numbering around 100 along with Nodal Officer (SVEEP) DBCK Miss Sharon Khing and college Ambassadors.

The program was hosted by Chief Electoral Officer Nagaland with the presence of higher dignitaries. The motive of holding the program was to bring awareness especially to youths to wisely exercise the universal adult franchise, the power of voting, and taking an active role in the electoral process. The CEO also encourages people to vote right for a better tomorrow.

On the occasion of 12th NVD, the college Ambassadors (SVEEP) Sukisungla Jamir highlighted the importance of Electoral process, while SobinKarki presented a PowerPoint to elaborate on the year's theme. There was also a time of pledge taking to conduct free, fair and peaceful elections.





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1st DEPARTMENTAL ACTIVITY
Department of Psychology

Seminar on

INTELLECTUAL DISABILITIES

Date : 19.02.22

Time : 2:30PM



Order Of Program

Place

DON

BOSCO

COLLEGE

KOHIMA

CHAIRPERSON : Mrs. Sesino Savino
(ASSISTANT PROFESSOR,
DEPARTMENT OF PSYCHOLOGY)

INVOCATION : Mrs. Sesino Savino
(ASSISTANT PROFESSOR,
DEPARTMENT OF PSYCHOLOGY)

Welcome **NOTE**

Ms. Salomi Achumi

Presentation

VOTE OF THANKS

Sarhumthung

BENEDICTION

Ms. Salomi Achumi

Light Refreshment to be followed



Date: 19-02-2022

**REPORT ON 1ST DEPARTMENTAL ACTIVITY
DEPARTMENT OF PSYCHOLOGY**

The Department of Psychology held its first departmental activity on 19th February 2022. For the first departmental activity, a seminar was held on the topic "*Intellectual Disabilities*". The students of 2nd Semester dept. of Psychology were organised into 5 Groups and each group was given a topic on which they were asked to do a presentation. The Presentation Topics were 1) *Deaf-Blindness and Intellectual Disability* 2) *Deafness and Giftedness* 3) *Autism and Multiple Disabilities* 4) *Learning Disability and traumatic Brain injury* 5) *Multiple Exceptionality and ADHD*. All the group members presented well with enthusiasm and clarity.

The Program started at 2:30PM and was chaired by Mrs. Sesino Savino, Assistant Professor, Dept. of Psychology. The program began with an Invocation prayer followed by a welcome note from Ms. Salomi Achumi, Assistant Professor, Dept. of Psychology. Lastly, the program ended with a vote of Thanks from Mr. Sarhumthung (Dept of Psychology) and Ms. Salomi pronounced the Benediction.

Sd/-

Sd/-

Mrs. Sesino Savino
Assistant Professor
Department of Psychology
Don Bosco College, Kohima

Ms. Salomi Achumi
Assistant Professor
Department of Psychology
Don Bosco College, Kohima



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Date: 28th February 2022

NOTICE

This is to bring to your notice that there will be workshop in VERMICOMPOSTING for the 6th semester students on Thursday 3rd March 2022 at 1:00 pm in Hall T2. This programme is organized by Environmental Studies with Bosco Green Alliance and Soil and Water Conservation Department Government of Nagaland. There will be a formal programme followed by demonstration.

Attendance will be compulsory, as this will be inducted as part of internal assessment marks for Environmental Studies.

Sd/-

Fr. Dr. P Suresh
Principal
Don Bosco College Kohima

Sd/-

Mrs. Zavelu Kezo Vero
Dean of Students Affair
Don Bosco College Kohima

Sd/

Mr. Arujii Sanihe
Convenor
Bosco Green Alliance
Don Bosco College Kohima

Report on Vermicomposting Workshop

Workshop on vermicompost was held on 3rd March 2022 for the 6th Semester students by Environmental Studies in collaboration with Bosco Green Alliance and department of Soil and Water Conservation Government of Nagaland. It was chaired by Ankita Priyadarshani, invocation by Hector, felicitation by Fr. Dr. P Suresh, talk by the resource person and vote of thanks by Micheal.

Mr. Ruokuosietuo Rokus Dist. Soil Conservation Officer Mokokchung was the resource person. He stressed on the importance of vermicomposting and how it helps in reducing environmental pollution. He also talked about the construction process, raw material for bedding, maintaining the moisture content and the right time for harvesting of the manures. And that the whole process takes about 2-3 months so we can produce sufficient amount of manures.

The Formal programme was followed by demonstration, where at the vermicomposting site he demonstrated about the filtering of the vermin from vermiwash and the vermicomposting bedding and structure.





Report on Seminar/ Conference/ Workshop conducted (Interdepartmental)

Title: One day Workshop on Human Rights (Child Related Acts and Laws)

Date: 7th March 2022

Venue: Don Bosco College Kohima, Hall T1

Time: 11: 30 am – 12: 30 pm

Preamble:

A one day workshop on Human Rights (Child Related Acts and Laws) was conducted on 7th March 2022, at Don Bosco College Kohima, in order to spread human rights literacy among the youths of the college, and also to make them aware of the issues related with the subject of human rights. This workshop has been organized by the college in collaboration with Childline Kohima.

Participant's Profile:

DBCK students and faculty of the three departments: Commerce, Political Science and Psychology (Shift 2), respected Fr. Christu Das, members and resource persons (Childline Kohima).

Description about the program:

The interdepartmental workshop on Human Rights was chaired by Alinto Awomi (BA 2nd Semester, Pol. Sc. Dpt.). The program was graced by the presence of resource persons – Miss Pelezhanuo Elizabeth (Team Member of Childline Kohima) and Miss Asen Walling (Advocate Gauhati High Court/ Kohima Bench and Panel Lawyer/ Kohima District Legal Services Authority). Respected Fr. Christu Das (Director, Bosco Computer Centre) invoked blessings upon the program, Miss Nutsolu Swuro (Asst. Professor, Pol. Sc. Dpt.) and Miss Sharon Khing (Asst. Professor, Comm. Dpt.) also participated in the program as representatives of the college.

Miss Nutsolu Swuro welcomed the resource persons and gave a brief sum up of their occupations to the participants.

Miss Pelezhanuo Elizabeth, participated and spoke on the topic: Introduction of CHILDLINE. In her speech, she introduced childline services, in particular CHILDLINE 1098, and emphasized the atrocities inflicted upon the children of the nation, in general, and state, in particular, whilst also elaborating the role of CHILDLINE 1098 in helping and protecting them.

Miss Asen Walling, spoke on the topic: Human Rights (Child Related Acts and Laws). She discussed on a wide array of human rights, connecting them with child rights. Some notable acts and laws mentioned were :- Right to Education (RTE) Act, 2009; Juvenile Justice (Care and Protection) Act, 2015; Protection of Children from Sexual Offences (POSCO) Act, 2012. She also encouraged the participants to utilize their powers and promote awareness and help, and to lead as an example for the advancing generations.

Miss Sharon Khing, proposed vote of thanks.

The entire program was coordinated with the support of the DBCK students and faculty, respected Fr. Christu Das, and the members and resource persons from Childline Kohima.

Feedback:

The program seems to have a good influence on the participants; they have been made aware of the various crimes and atrocities against children and youths at all levels : tribal, national, global; they have been made aware of the various laws and acts to counter these problems, and also the help they can provide by spreading awareness, even if it's minimal.

Future Perspectives:

The college will look forward to organize future conferences on human rights, in order to create awareness among the members of Naga society, on the basic fundamentals of human rights (to provide remedy for the infringement on human rights).

Report submitted by:

Nukho Keyho (21360)

BA 2nd Semester, Political Science Department (Shift 2)





GPS Map Camera

Higher School



Google

Kohima, Nagaland, India
 CL 665 (S), Ziekezou, Kohima - Meluri Rd, Kohima, Nagaland
 797003, India
 Lat 25.68444°
 Long 94.115812°
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Don Bosco College Kohima

Department of Political Science

**WORKSHOP ON
WORKING OF VILLAGE COUNCIL**

19th March 2022

10:00 -11:00 A.M – Introduction and objectives

**"A GUIDE ON THE WORKING OF DZULEKE
VILLAGE COUNCIL"**

Interactive session

11:00-12:00 PM- lunch break

CLEANLINESS DRIVE

Organised by

Department of Political Science, DBCK



19th March 2022

VENUE: DZULEKE

TIME: 12:00 P.M

REPORT ON 2ND DEPARTMENTAL ACTIVITY

19th March, 2022

Venue:Dzuleke Village

The 2nd Semester of the Department of Political Science, Don Bosco College, Kohima, carried out a **Workshop Cum Cleanliness Drive** on 19th of March, 2022 in Dzuleke Village. The workshop was conducted on the topic “**Working of Dzuleke Village Council**”. The workshop commenced with the introduction and objective given by Ma'm Kezienuo (Assistant Professor of Political Science Dept. DBCK). The eldest member of the village graced the programme followed by discussion and interaction on the working of the Dzuleke village Council. Six members of the village council animate us on the history of the village formation, the division of the powers and functions of the village with the youth body playing an important role and the Council exercising the final authority of approval. The workshop ended with a vote of thanks given by Alinto.

The students were then divided into two groups for carrying out the cleanliness drive in the village. 85 students along with three teachers attended the Department Activity. The Workshop cum Cleanliness Drive was a success.



Lodge



Spot Poilwa



Google

GPS Map Camera

Poilwa, Nagaland, India

JW9C+HC2, Heunambe, Poilwa, Nagaland 797002, India

Lat 25.617593°

Long 93.921546°

19/03/22 11:24 AM

Don Bosco College Kohima

Department of History

SEMINAR REPORT: Revisiting History, Culture and Traditions of Nagas

The Department of History, Don Bosco College Kohima sent two participants to present a paper in a State Level Inter-College Student's Seminar organized by the Department of History, Modern College, Kohima on the theme *Revisiting History, Culture and Traditions of Nagas*, dated: 21st – 22nd April, 2022 and sponsored by the Department of Art and Culture, Government of Nagaland. The objective for participation was to make the students undertake more research work and to encourage the young minds to explore the hidden history and culture of the Nagas. The department also intent to provide a platform to students for growth.

Students (both PG and UG) from different colleges in Nagaland were invited to present the papers. Miss KJ Musushe and Miss Vikeduonuo Dzeyie, Department of History, DBCK, 6th Semester, presented a join paper titled, *Naga Material Culture and Identity: A Probe*. The paper got selected for publication. The two days seminar was divided into three sessions, followed by question and answer round. Some of the themes were-*Traditional Knowledge System of the Angami Naga; Rediscovering the Yimkhiung Naga: Religion, Festivals and Rituals; Traditional Burial System of the Chang Nagas; Beliefs, Rituals and Practices; Significance of the traditional costumes and ornaments with special reference to Sumi tribe*. Altogether 21 participants from different colleges presented the papers.

A special “Best Paper Presenter Award” was awarded to Mr. Chongshen Michael Chang, a student of Japfu Christian College, who presented on ‘*Traditional Burial System of the Chang Nagas; Beliefs, Rituals and Practices*’. In the closing session, words of encouragement and valuable feedbacks were spoken by Mrs. Chanini Lokho, Department of Vocation while Mr. Lemnyei Konyak, Asst. Professor, Department of History delivered the vote of thanks.

K.J. Musushe

6th Semester

Department of History, DBCK



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Lat 25.654245°
Long 94.100207°
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DON BOSCO COLLEGE KOHIMA

One Day Capacity Building Programme ON "IMPORTANCE OF Mental Health And Common Mental Health Issues"

Date: 7th May 2022 Time: 10:30 AM

RESOURCE PERSON

Miss VERONICA NRIAME
Psychiatric Social Worker
District Mental Hospital Programme
Naga Hospital Kohima

REPORT ON ONE DAY CAPACITY BUILDING PROGRAMME

MENTAL HEALTH

Don Bosco College Kohima organised One Day Capacity Building Programme on the topic “Importance of Mental Health and Common Mental Health Issues” on 7th May 2022 at T2 classroom. Miss Veronica Nriame, Psychiatric Social Worker, District Mental Health Programme, Naga Hospital Kohima as the resource person.

Issues like depression, anxiety, gambling addicts and panic attacks were lighted by the resource person. The take away of the day was “do not bottle up emotions as it is the root of all mental breakdowns, therefore release all emotions through different ways in which you enjoy and gives you pleasure”.

The programme was chaired by Sobin Karki, Asst. General Secy, Students’ Forum, DBCK, Fr. Christu Das invoke God’s blessings and welcome note was delivered by Mrs. Sentuile Newme, Asst. Professor, Department of Education. Vote of thanks by Miss Manakali Yeptho, 4th Sem, Dept of English. All together 151 students attended and the programme ended with the singing of college anthem.

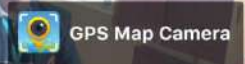


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