



Date – 11<sup>th</sup> July 2022

## NOTIFICATION

This is hereby to inform that on **12<sup>th</sup> July 2022**, **Women Cell**, Don Bosco College Kohima will conduct an Orientation program for **Female students (1<sup>st</sup> Semester)** on the topic “**Menstrual Health and Hygiene**”. Therefore all the female students are requested to stay back in the same hall after the formal/common Orientation program.

Mrs. Sentuile  
Women Cell Co-ordinator, DBCK

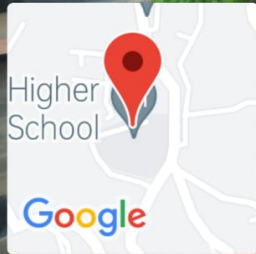
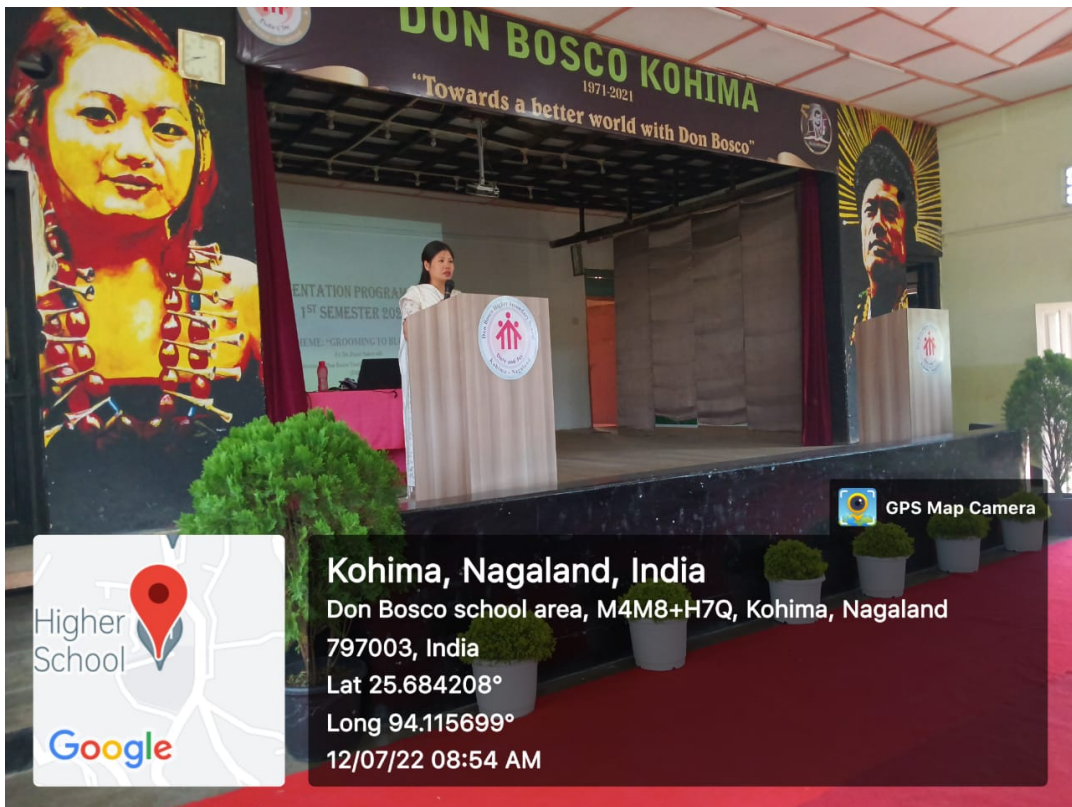
## **Report on Orientation Program organized by Women Cell “Menstrual Health and Hygiene”**

Don Bosco College Kohima, Women Cell on conducted an Orientation Program on the theme “**Menstrual Health and Hygiene**” on 12<sup>th</sup> July 2022 at DBHSS auditorium. The program was animated by Mrs. Sentuile Co-ordinator, Women Cell, DBCK. The resource person highlighted the importance of physical hygiene. Both female and male students from 1<sup>st</sup> semester attended the program.

The college provides facilities for female students including girls common room with separate toilet and sanitary pads vending machines.

Mrs. Sentuile

Co-ordinator Women Cell, DBCK



**Kohima, Nagaland, India**

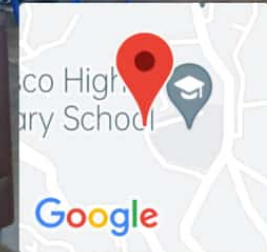
Don Bosco school area, M4M8+H7Q, Kohima, Nagaland

797003, India

Lat 25.684208°

Long 94.115699°

12/07/22 08:54 AM



**Kohima, Nagaland, India**

Don Bosco school area, M4M8+H7Q, Kohima, Nagaland

797003, India

Lat 25.684057°

Long 94.114894°

12/07/22 08:54 AM

DON BOSCO COLLEGE

Student Nominal Roll (2022 - 2023)

I BCOM - (Shift II)

S No	Admission No	Roll No	Name
1	22376		ABOTO N NEKHA
2	22377		HOPONG CHINGMAK
3	22378		ESTHER PANMEI <i>Esther</i>
4	22379		FRANCIS KIKON <i>Francis</i>
5	22380		KECHEGI KENT <i>Kechegi</i>
6	22381		KANITO LOHE <i>Kanito</i>
7	22382		VILONU VILMA <i>Vilonu Vilma</i>
8	22383		GWANYESHA JASU <i>Gwanyesha</i>
9	22384		KHRIELHOMENUO THEUNUO <i>Khrielhoumenuo</i>
10	22385		S. KHOLOU <i>Kholou</i>

DON BOSCO COLLEGE

Student Nominal Roll (2022 - 2023)

I BA EDU - (Shift I)

S No	Admission No	Roll No	Name
1	22013		NEIKETHO O YHOME
2	22017		HENWALE NSU <i>Henwale</i>
3	22001		KEKHRIESELE RIO <i>Kekhriesele</i>
4	22002		PENLINARO LONGCHAR <i>Penlinaro</i>
5	22003		PAVINE LAMAI <i>Pavine</i>
6	22004		RAKOVI KAPAZI I
7	22005		NEISAVOMUO PIENYU <i>Neisavomuo</i>
8	22006		KHRIESAKUONUO PIENYU <i>Khriesakuonuo</i>
9	22007		ELOZUNI ALPHONSA <i>Elozuni</i>
10	22008		CHUMEI <i>Chumei</i>
11	22009		RUPFUKHOLU THISA <i>Rupfukholu</i>
12	22010		RUGUOLENUO MECHULHO <i>Rugulenuo</i>
13	22011		JANENARO AO <i>Janenaro</i>
14	22012		LIZILA B SANGTAM <i>Lizila</i>
15	22014		ROKALI R AWOMI <i>Rokali</i>
16	22015		KEKUOHETUO KEVIN LINYU
17	22018		ZEIZINO P TUNYI <i>Zeizino</i>
18	22019		TSUSUSHI S. <i>Tsusushi S.</i>



**DON BOSCO COLLEGE**  
**Student Nominal Roll (2022 - 2023)**  
**I BA-PSY - (Shift II)**

S No	Admission No	Roll No	Name
1	22301		DIEZENUO RULHO <i>Diezenud P</i>
2	22302		KENYUSILE KEPPEM <i>Kep P</i>
3	22303		THEJANGUNUO RULHO <i>Thejangunuo P</i>
4	22304		NEIVOTUONUO NANCY KIRE <i>Neivotuonu P</i>
5	22305		ADANEE PFOLIBO <i>Adanee P</i>
6	22306		ZECHAMO PATTON <i>Zechamo P</i>
7	22307		MENEHONU RACHEAL <i>Menehonu Rachel P</i>
8	22308		MHASETALU YOMI <i>Mhasetalu P</i>
9	22309		VIZOVONUO PIENYU <i>Vizovonu Pienyu P</i>
10	22310		VIKESO VITUS DZUVICHU <i>Vikeso P</i>
11	22311		KEYIZAIPEUNG RHETSO <i>Keyizaipeung P</i>
12	22312		IDWABEULE LIEGISE <i>Idwabeu P</i>
13	22313		WONCHIBENI N. HUMTSOE <i>Wonchibeni P</i>
14	22314		ALCOMI AWOMI <i>Alcomi P</i>
15	22315		THEJASENUO SACHU <i>Thejasenuo Sachu A</i>
16	22316		IBAHEI NSANGLUNG <i>Ibahei P</i>
17	22317		MENUOSIE-U YHOR <i>Menuosie P</i>
18	22318		CHUBATULA JAMIR <i>Chubatula Jamir P</i>
19	22319		VENO VESE <i>Veno Vese P</i>
20	22320		RAHAVEINAI LEO <i>Rahaveinai P</i>
21	22321		YHOVEH LOHE <i>Y. Loh P</i>
22	22322		IMLIENLA S. LONGCHAR <i>Imlienka P</i>
23	22323		LESULA <i>Lesula P</i>
24	22324		KELHOUSENUO CATHERINE <i>Kelhousesnuo P</i>
25	22325		RUOKUONUO CHADI <i>Ruokunu P</i>
26	22326		RUOKUOKHOTUO RIO <i>Ruokuh P</i>
27	22327		RUOKUOSANUO KHRO <i>Ruokuosanu P</i>

22801

Aleno P.

**DON BOSCO COLLEGE**  
**Student Nominal Roll (2022 - 2023)**  
**I BSC CHE - (Shift II)**

S No	Admission No	Roll No	Name
1	22601		ROSE T. EZUNG <i>Rose T. Ezung P</i>
2	22602		NEIKIFZONUO CLARE SOTE <i>Neikifzunu P</i>
3	22603		MHAPHRUOVILIE NICODEMUS <i>Mhapruovilie P</i>
4	22604		KESOYHUN KENT
5	22605		VEYESU KHESOH <i>Veyesu A</i>

**DON BOSCO COLLEGE**  
**Student Nominal Roll (2022 - 2023)**  
**I BSC ZOO - (Shift II)**

S No	Admission No	Roll No	Name
1	22526		DIETHONUO RULHO <i>Diethonus P</i>
2	22528		CHUMEI L. PHOM <i>Chumey P</i>
3	22530		SHANI KENT <i>S. Kent P</i>
4	22531		CHENTILO TEP <i>Chentilo P</i>

**DON BOSCO COLLEGE**  
**Student Nominal Roll (2022 - 2023)**  
**I BA ENG - (Shift I)**

S No	Admission No	Roll No	Name
1	22076		HIKE SWUJ <i>Hike</i>
2	22077		SANSIYA MAGH <i>S. Magh</i>
3	22078		NSUNGRONI EZLUNG <i>Nsungroni</i>
4	22079		LISENG Y. PATTON <i>Liseng</i>
5	22080		WECHETE-U KAPFO <i>Wechete-i</i>
6	22081		ALIKALI H KAPPO <i>Alkali</i>
7	22082		LORENI MERCY FZUNG <i>Loreni</i>
8	22083		KHRUTSULU RAKHO <i>Khrutsulu</i>
9	22086		VIZOLENUO MIARIO <i>Vizolenuo</i>
10	22087		LUNGLANG A PHOM <i>Lunglang</i>
11	22088		TOKIKA KEVIN YEPTHOMI <i>Tokika</i>
12	22089		VIZEVONUO SACHU <i>Vizevono</i>
13	22090		KEKHRIESETUO SERHOSE <i>Servo</i>
14	22091		DAZEVE <i>Dazeve</i>
15	22092		VISAZONUO RUPRE-O <i>Visazono</i>
16	22093		THUNOPALU KHESOH <i>Thunopal</i>
17	22094		MARY TEP <i>Mary</i>
18	22095		EYINGBENI N. ENNIO <i>Eyingbeni</i>
19	22096		NEITSINUO THEUNUO <i>Neitsinu</i>
20	22097		YANBENTHUNG Y. HUMTSOE <i>Yanbenthung</i>
21	22098		SEVIEKIENUO KIRE <i>Seviekieno</i>
22	22099		MAI HOHULU SAKHAMO <i>Maiho</i>
23	22100		LOKZO PESEYIE <i>Abrent</i>
24	22101		NIRMAL KHADKA <i>Nirmal</i>
25	22103		TSCNGRENSHE P <i>Tscngrenshe P</i>
26	22104		AYIT-HUPITOR <i>Ayit</i>
27	22105		MOIOM KONYAK D <i>Moiom</i>
28	22106		LISELA SANGTAM <i>Lisela</i>
29	22107		THAMPA YONGTESHU <i>Thampa</i>

*At Hong CR -> P. Hong*

12/7/22

DON BOSCO COLLEGE  
Student Nominal Roll (2022 - 2023)  
I BSC BOT - (Shift II)

S No	Admission No	Roll No	Name
1	22451		MENUOBEINUO USOU <i>Menuobenuo P</i>
2	22452		MARTIN TSELA <i>Martin P</i>
3	22453		NOVITO RHETSO <i>Novito P</i>
4	22527		SAMLAMCHILIE HEMANG <i>Samlamchilie P</i>

DON BOSCO COLLEGE  
Student Nominal Roll (2022 - 2023)  
I BA SOC - (Shift I)

S No	Admission No	Roll No	Name
1	22226		KHRIESAVIKUO I OUIS MERE <i>Khriesavikuo Khriesavikuo</i>
2	22227		KOHRILI T SANGIAMI <i>Kohrili Kohrili</i>
3	22228		VIKUOSIENUO CHAKRANO <i>Vikusienuo Vikusienuo</i>
4	22229		MEKHRIETSU MIACHIE-O <i>Mekhrietsu Mekhrietsu</i>
5	22230		ASILOW VURI <i>Asilow Asilow</i>
6	22231		ZEBNI K ODYLC <i>Zebni Zebni</i>
7	22232		TSCS THSI JOSHUA SANGTAM <i>Tscs Thsi Joshua Tscs</i>
8	22233		THERUOKUONUC KI-RABVU <i>Therukuonuc Therukuonuc</i>
9	22234		AGATHA SED <i>Agatha Agatha</i>
10	22235		M TRANI TRAKHA <i>M Trani Trakha</i>
11	22236		AMENLA PONGEN <i>Amenla Pongen Amenla Pongen</i>
12	22237		KEKRJL-CUKHO TALIE <i>Kekrjl-cukho Kekrjl-cukho</i>
13	22238		CHUMBENTHUNG KIKONG <i>Chumbenthung Kikong</i>
14	22239		LINO K ACHUMI <i>Lino Achumi Lino Achumi</i>
15	22240		ATOLU T-HISA <i>Atolu T-hisa</i>
16	22241		VISIEU ZHALE <i>Visieu Zhalet</i>
17	22242		KENITSEINUO <i>Kenitseenuo</i>
18	22243		KAOVINE VENU-I <i>Kaovine Venu-i</i>
19	22244		AYALI Y PHOM <i>Ayali Ayali</i>
20	22245		VINI J. SWU <i>Vini J. Swu</i>
21	22246		PHILIP TEP <i>Philip Tep</i>
22	22247		ZACHITO THEYO <i>Zachito Zachito</i>
23	22248		KUCHOVEVI NYEKHA <i>Kuchovevi Nyekha</i>
24	22249		TSATHINGLA L SANGTAM <i>Tsathingla L Sangtam</i>
25	22250		TSARISELA T SANGTAM <i>Tsarisele T Sangtam</i>
26	22251		NEIVIKHOLIE T ZATSU <i>Neivikholie T Zatsu</i>
27	22252		NEIMEDE-U KAPFO <i>Neimede-u Kapfo</i>
28	22253		KHULI K <i>Khuli K</i>
29	22254		KHRIELAVOLIE ANGE.O <i>Khrielavolie Ange.o</i>
30	22255		KHRIESANYL MEEPFHU-O <i>Khriesanyl Meepfhu-o</i>
31	22256		MEKE AKAVI <i>Meke Akavi</i>
32	22257		HUYEVI CHOTSO <i>Huyevi Chotso</i>
33	22258		ALOLINO SHOHE <i>Alolino Shohe</i>
34	22259		DZIEYA L HOU LIE THEFUNO <i>Dzieya L Hou Lie Thefuno</i>
35	22260		THENUVI-U RIO <i>Thenuvi-u Rio</i>



***Don Bosco College Kohima***  
**Department of Political Science**



*Study Tour to*  
*Dzuleke Village, Kohima*  
*Nagaland*  
*Cum*  
*Cleanliness Drive*

**Date: February 4, 2023**

**Venue: Dzuleke Village**



**Don Bosco College, Kohima**  
Department Study Tour  
(Political Science Department 2nd Semester)

Don Bosco College conduct a *1 day tour-cum-cleanliness drive to Dzuleke village*, Kohima on 4th February 2023 for the students of Political Science Department 2nd Semester.

There were 5 buses in total carrying a total of 161 students and five teachers. The tour started from the college gate at 7:45 am and reached the destination at 10:15 am.

Introductory speech was given by my Asst. Prof/examination controller Ma'am Kezienuo after which a short interactive program was held with the council of the village of Dzuleke ( 5 members of the council present). The council of the village gave a brief explanation about the village and also questions were asked by the students to which the members of the council answered. Asst. Prof. Sir. Lhikhwestsokapto gave the vote of thanks. After a short light refreshment, we went to a picnic spot to participate in cleaning the area. Our trip ended at 3:00 pm and reached the college campus by 5:00 pm

It can be concluded that the trip was successful and we believed that our objective was achieved. The students learned new life skills and first hand knowledge on the workings of a village council and the various functions of the village Developmental board.

REPORT Submitted on:-

Dated: 7 | 06 | 2023

Sd/-  
Principal  
Don Bosco College  
Kohima, Nagaland





1	MHONO	AH21450050	200296	Mhono
2	AJAVI ANGELA	AH21530102	200279	Ajavi
3	AKENYE SEB	AH21530103	200278	Akenye
4	AKHWENLO KENT	AH21530104	001967	Akhwenlo
5	ALONA AYE	AH21530106	200257	Alona
6	ALOTO	AH21530107	200268	Aloto
7	AMONGLA PONGEN	AH21530108	200267	Amongla
8	ANGUVITO N SHOHE	AH21530109	200266	Anguvito
9	APOVISIE NGOURI	AH21530110	200265	Apovisie
10	ARHUNLE SEMP	AH21530111	200264	Ashuale
11	ARILI S SANGTAM	AH21530112	200263	Arili
12	AVIKIE DZIIVICHII	AH21530113	200262	Avikie
13	BUSONG K	AH21530114	200261	Busong K
14	CHEKROHULU PORU	AH21530115	200273	Chekrohulu
15	CHENTIMO TEP	AH21530116	200259	Chentimo
16	CHINGLOI C	AH21530117	200258	Chingloi
17	CHONGLIU T	AH21530118	001989	Chongliu
18	CHUMBEN K NGULLIE	AH21530119	001992	Chumben
19	DIEZETUONUO THEINUO	AH21530120	001993	Diezetuonuo
20	DISULA SANGTAM	AH21530121	001994	Disula
21	DZIESEKHRIETUO TUNYI	AH21530123	001995	Dziesekhrieto
22	DZIESEPHREZO KUOTSU	AH21530124	001996	Dziesephrezo
23	GHOKIVI WOTSA	AH21530127	001991	Ghokivi
24	HANNAH J KIHÖ	AH21530128	001990	Hannah
25	HOVIKA LOHE	AH21530129	200298	Hovika
26	IMTIMAR IMCHEN	AH21530130	200297	Imtimar
27	JESIYA MAGH	AH21530131	200295	Jesya
28	KEDASINLE SEMP	AH21530132	200294	Kedasinle
29	KEKHRIELEHUNUO	AH21530133	200293	Kekhrielehunuo
30	KEKHRIESANUO SANCHU	AH21530134	200255	Kekhriesanuo
31	KEKHRIEZHAKUO KHOUBVE	AH21530135	200256	Kekhriehakuo
32	KENEISANUO MEPFÜ-O	AH21530136	002000	Kenisianuo
33	KENEIZELHOU RUTSA	AH21530137	001999	Keneizelhou
34	KETHOSINO	AH21530138	200292	Kethosino
35	KEVICHUKHO THEUNUO	AH21530139	001998	Kevichukho
36	KEVINEIZO RUPREO	AH21530140	001997	Kevineizo
37	KEVISAHO CHAYA	AH21530141	200254	Kevisahoh



38	KEZHAKIETUO KHEZHIE	AH21530142	200291	Kezhakietuo
39	KHOYIO BASENA	AH21530143	200253	Khoयो
40	KHRIERALHOUÜ KHEZHIE	AH21530145	001979	Khrieralhouü
41	KHRIEVIKUO KEDITSU	AH21530146	001981	Khrievikuo
42	KHRIEZONUO MECHIEO	AH21530147	001980	Khriezonuo
43	KHRIKIIDU NYEKHA	AH21530148	200407	Khrikiidu
44	KHROTUU AKAMI	AH21530149	200406	Khrotuu
45	KIUSHILA YIMCHUNGER	AH21530150	200405	Kiushila
46	KUVEDULU NAKRO	AH21530151	200028	Kuvedulu
47	KÜVENGOTO VESWÜH	AH21530152	200026	Küvengoto
48	KUYIFI TRAKHA	AH21530153	200029	Kuyifi
49	LIETHOLHOUNUO TALIE	AH21530155	200027	Lietholhounuo
50	LIHOLI SWU	AH21530156	200414	Liholi
51	LISHEBO CHISHI	AH21530157	200403	Lishebo
52	LITINGLA SANGTAM	AH21530158	200402	Litingla
53	LIVITOLI SHOHE	AH21530159	200409	Livitoli
54	MELETO KEYHO	AH21530162	001988	Meleto
55	MENGUZONUO KERETSU	AH21530163	001987	Menguzonuo
56	MHACHONI Y PATTON	AH21530164	001986	Mhachoni
57	MOASUNEP PONGEN	AH21530165	001985	Moasunep
58	NCHUMBEMO H HUMTSOE	AH21530166	200270	Nchumbemo
59	NEHUTO DAWHUO	AH21530167	200271	Nehuto
60	NEIDILHOULIE ZHALE	AH21530169	200272	Neidilhoulie
61	NEIZOKHONUO D SOGOTSU	AH21530170	200401	Neizokhonuo
62	NGUCHUSA POJAR	AH21530171	200400	Nguchusa
63	NILOKA YEPHOMI	AH21530172	200399	Niloka
64	NOKLONG Y CHUNG DOK	AH21530173	200398	Noklong
65	NOURHENUO ZHALE	AH21530174	200396	Nourhenuo
66	NOUSITUO ZHALE	AH21530175	200397	Nousituo
67	NUKHO KEYHO	AH21530176	200434	Nukho
68	NUKUZO RESU	AH21530177	200427	Nukuzo
69	NUNGSANGYANGER	AH21530178	200428	Nungsang
70	NUVETO THEYO	AH21530179	200429	Nuveto
71	PIPENTHUNG NGULLY	AH21530180	200430	Pipenthung
72	RACHEL MAGH	AH21530181	200432	Rachel
73	REN BEN T KIKON	AH21530182	200431	Renben
74	ROBERT N NGULLIE	AH21530184	200433	Robert
75	RÜÜVIKHO-Ü KIELIENYÜ	AH21530185	200426	Rüüvikho-ü
76	SEYIEVITUO SHÜYA	AH21530186	200425	Seyievituo
77	TEMJENKALA IMSONG	AH21530187	200424	Temjenkala
78	THUNGCHIBEMO R KIKON	AH21530188	200423	Thungchibemo
79	TIAJUNGLA PONGEN	AH21530189	200422	Tiajungla
80	TIMOTHY TEP	AH21530190	200421	Timothy
81	UNISE CHISHI	AH21530191	200420	Unise
82	VILEZONUO RIIVIEO	AH21530194	200050	Vilezenuo
83	VILHOUKHO MERHIESO	AH21530195	200252	Vilhokho
84	VINATOLI SWU	AH21530196	200275	Vinatoli
85	XUVIKALI K CHOPHY	AH21530197	200274	Xuvikali
86	YANGTSAZI SANGTAM	AH21530198	200290	Yangtazy
87	YAPANGJUNGLA I WALLING	AH21530199	200218	Yapangjungla
88	YAVIMENUO ZHÜNYÜ	AH21530200	200217	Yavimenuo
89	YUTSUMONG V	AH21530202	200269	Yutsumong
90	ZUBEMO VICTOR R	AH21530203	200215	Zubemo
91	ZUYANI YANTHAN	AH21530204	200214	Zuyani





Date: 13/03/2023

## NOTICE

This is to inform all the students of Psychology Department that we will have capacity building on the topic of “Mental Health First Aid” on 18<sup>th</sup> March 2023 as the second departmental activity for this semester. All must reached the college by 9:00 AM

**Attendance is compulsory**

**Thank you**

Sd/- SopfunuoVizo

HOD

Department of Psychology

DonBosco College Kohima

# **DON BOSCO COLLEGE, KOHIMA**

DEPARTMENT OF PSYCHOLOGY

ORGANISES

"CAPACITY BUILDING"

AT DON BOSCO COLLEGE, KOHIMA



**Topic - "Mental Health First Aid"**

Date - 18th March

Venue - S4

# **DON BOSCO COLLEGE, KOHIMA**

DEPARTMENT OF PSYCHOLOGY

TIME: 9:30 AM

VENUE: S4

RESOURCE PERSON: Ms. VETALÜ NYEKHA

**Topic - "Mental Health First Aid"**

## ORDER OF THE PROGRAMME

HOST : ADANEE PFOLIBO (II SEMESTER)

INVOCATION : MEREYANI (IV SEMESTER)

WELCOME ADDRESS : IDWABEULE (II SEMESTER)

SPECIAL NO : BOYS IV SEMESTER

SPEAKER : MS. VETALÜ NYEKHA

VOTE OF THANKS : NEINGUNUO (IV SEMESTER)

COLLEGE ANTHEM

Date - 18th March

Venue - S4

**Don Bosco College, Kohima**

**Department of Psychology**

**Report on 2<sup>nd</sup> Department activity for even semester 2023**

On 18<sup>th</sup> March 2023, Department of Psychology organized capacity building under the topic “Mental Health First Aid” at 9:30 AM in the College Campus.

**Objectives of the department activity**

- Awareness of mental health
- Helps to break down the stigma around mental ill-health.
- Helping the students how to recognize the signs and symptoms of common mental health issues.
- Provides students with the basic skills and confidence to provide initial support to a person who is developing a mental health problem or experiencing a mental health crisis.
- Teaching the students to signpost others toward professional help.

The programme was chaired by Adane Pfolibo of 2<sup>nd</sup> Semester, followed by invocation led by Mereyani of 4<sup>th</sup> Semester. Welcome note was address by Idwabeule Liegise 2<sup>nd</sup> Semester, followed by a Special no. performed by the boys of 4<sup>th</sup> Semester.

The resource person, Miss Vetälü Nyekha presided over the programme, addressing the students on the topic "Mental Health First Aid". She gave much importance on how we should all be aware of the First Aid of Mental Health and how we can be helpful to those in need by offering initial support until professional help is received or until the crisis resolves. She talked about the goals of First Aid in Mental Health i.e to reduce the stigma, provide help to prevent the mental health problem from becoming more serious and to promote recovery of good mental health. She also highlighted on how we need to be aware of the cues and indication in a person's mood or behaviour, to understand the signs and symptoms of an emerging or worsening mental health problem. These signs may include hallucinations, such as hearing or seeing things that aren't there, extreme mood changes, significant drop in performance at work or school, difficulty concentrating, significant withdrawal from friends and family, neglecting self-care (such as neglecting personal appearance and hygiene, and eating poorly), suicidal thoughts or behaviors along with destructive or high-risk behaviour.

Emphasizing about these problems, Miss Nyekha also stressed on what we can do on our part to provide first aid until the person has received appropriate professional treatment.

She said that one should approach the person in a comfortable space, make them see that we are concerned and help them see that we value their existence. We should respect the person's own interpretation of their symptoms and incase the person doesn't want to talk, we should encourage them to talk to someone else they trust. The speaker maintained that sometimes even with the best intentions, we can make matters worse. Thus when reaching out to someone one must avoid being hostile or sarcastic, trying to cure them or solve their problems all the time. Then she concluded her speech by reminding the students that one should never blame or belittle and dismiss their feelings but instead emphasized on listening and avoiding giving any advices. We should hold their pain with them with simple questions and affirmations at the same time be aware that our job is to not fix them but that they just want to be heard.


The programme concluded with Neingunuo4<sup>th</sup> Semester delivering the Vote of Thanks, followed by photo session and distribution of light refreshment.

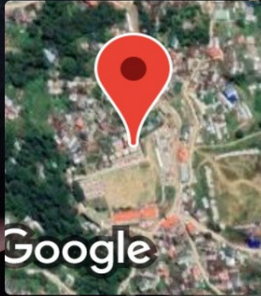








 GPS Map Camera



**Kohima, Nagaland, India**

CL 665 (S), Ziekezou, Kohima - Meluri Rd, Kohima,  
Nagaland 797003, India

Lat 25.6845°

Long 94.115829°

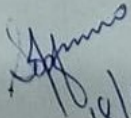
18/03/23 09:49 AM GMT +05:30

# DON BOSCO COLLEGE KOHIMA

## Dept of Psychology

### BA 4<sup>th</sup> SEMESTER

Sl. No	Admission number	NU roll number	Name of the student	Signature
1.	21214	AH21530205	ACHANO NAGI	Achano
2.	21228	AH21530206	ASAVINE ZHOLIA	Asavine
3.	21297	AH21530207	AZOLO KENT	Azolo
4.	21341	AH21530208	BENYE TEP	Benye
5.	21061	AH21530209	DZIESETSEI-U JUSTINA WHUORIE	Dziesetsei-u
6.	21279	AH21530210	HAMTHEI L	Hanthei
7.	21102	AH21530211	HEPENLO KENT	Hepenlo
8.	21302	AH21530212	KALIBO CHISHI	Kalibo
9.	21313	AH21530213	KENYUBINLO KESEN	Kenyubinlo
10	21357	AH21530215	KESOLE TEP	Kesole
11	21298	AH21530216	KHUNONGSHI K TIKHIR	Khunongshi
12	21020	AH21530217	LOVIBOLI AYE	Loviboli Aye
13	21103	AH21530218	LOVINU LCHO	Lv
14	21002	AH21530219	MEREYANI KIKON	Mereyani
15	21303	AH21530220	METSHE ZOU	Metshe
16	21347	AH21530221	MUHRURHU MOVI	Muhrurhu
17	21106	AH21530222	NEINGUNUO SEKHOSÉ	Neingunuo
18	21366	AH21530224	NOUNESIENUO SEYIE	Nounesienuo
19	21361	AH21530225	RAZOUVOLHOU RIO	Razouvolhou
20	21227	AH21530226	RITA THAPA	Rita
21	21276	AH21530227	ROSY RIKHA	Rosy
22	21027	AH21530228	RUOKUOBEIZO PIENYU	Ruokubeizo
23	21311	AH21530229	SAMUEL KEMOU	Samuel
24	21226	AH21530231	SULIZA Z ASSUMI	Suliza
25	21338	AH21530233	TUMBEMO T TSOPOE	Tumbemo
26	21016	AH21530234	VIKETOUBNUO METHA	Viketounuo Metha
27	21336	AH21530235	VIKIBE CHISHI	Vikibe
28	21344	AH21530236	VIMEZO PIENYU	Vimezo
29	21323	AH21530237	WANLE KONYAK	Wanle

  
 18/03/23



# DON BOSCO COLLEGE KOHIMA

## Dept of Psychology

### BA 2<sup>nd</sup> SEMESTER

Sl. No	Admission number	NU roll number	Name of the student	Signature
1.	22305	AH22530267	ADANEE PFOLIBO	<i>Adanee</i>
2.	22801	AH22530268	ALENO CHAYA	<i>Aleno</i>
3.	22314	AH22530269	ALOMI AWOMI	<i>Alomi</i>
4.	22318	AH22530270	CHUBATULA JAMIR	<i>Chubatula Jamir</i>
5.	22301	AH22530271	DIEZENUO RULHO	<i>Diezenuo</i>
6.	22316	AH22530272	IBAHEI NSANGLUNG	<i>Ibahei</i>
7.	22312	AH22530273	IDWABEULE LIEGISE	<i>Idwabeule</i>
8.	22322	AH22530274	IMLIENLA S LONGCHAR	<i>Imlienla</i>
9.	22324	AH22530275	KELHOUSENUO CATHERINE	<i>Kelhousenuo</i>
10.	22302	AH22530276	KENYUSILE KEPPEM	<i>Kenyusile</i>
11.	22311	AH22530277	KEYIZAPEUNG RHETSO	<i>Keyizapeung</i>
12.	22323	AH22530278	LESULA	<i>Lesula</i>
13.	22307	AH22530279	MENEHONU RACHEAL	<i>Menehonu Racheal</i>
14.	22317	AH22530280	MENUOSIE-U YHOR	<i>Menuosie</i>
15.	22308	AH22530281	MHASETALU YOMI	<i>Mhasetalu</i>
16.	22304	AH22530282	NEIVOTUONUO NANCY KIRE	<i>Neivotuonuo</i>
17.	22320	AH22530283	RAHAVEINAI LEO	<i>Rahaveinai</i>
18.	22326	AH22530284	RUOKUOKHOTUO RIO	<i>Ruokuorio</i>
19.	22325	AH22530285	RUOKUONUO CHADI	<i>Ruokuonuo</i>
20.	22327	AH22530286	RUOKUOSANUO KHRO	<i>Ruokuosano</i>
21.	22303	AH22530287	THEJANGUNUO RULHO	<i>Thejangunuo</i>
22.	22315	AH22530288	THEJASENUO SACHU	<i>Thejasenuo Sachu</i>
23.	22319	AH22530290	VENO VESE	<i>veno vese</i>
24.	22310	AH22530291	VIKESO VITUS DZUVICHU	<i>Vikeso</i>
25.	22309	AH22530292	VIZOVONUO PIENYU	<i>Vizovonuo</i>
26.	22313	AH22530293	WONCHIBENI N HUMTSOE	<i>Wonchibeni</i>
27.	22321	AH22530294	YHOVEH LOHE	<i>Ylohe</i>
28.	22306	AH22530329	ZECHAMO PATTON	<i>Zechamo</i>

*Signature*  
28/03/23