



DON BOSCO COLLEGE, KOHIMA

Affiliated to Nagaland University

Date: 02nd August 2021

MENTORING COMMITTEE

MENTORING PROGRAMME: 2021-2022

CIRCULAR

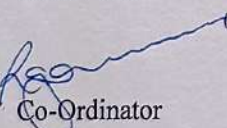
Dear Staff Members,

This is for your kind reference, following are the list of the Mentees with their respective Mentors for the academic year 2021-22.

Staff are hereby informed to make a note of it and start the mentoring session, and maintain the mentoring book issued.

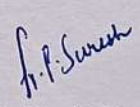
The list of the mentees will be conveyed to their mentors through the Mentoring Committee. Co-ordinator, and the list of mentors will be conveyed to their mentees in the classroom.

Thank You


Co-Ordinator

Mentoring Committee

Don Bosco College Kohima.


Fr. Dr. P. Suresh

Principal

Don Bosco College Kohima

Principal
Don Bosco College
PB - 430
Kohima-797001 Nagaland

SL. NO	MENTOR: Dr. Imtinaro Longkumer ✓	ADMISSION NUMBER
	NAME OF MENTEES	
1.	Neizetuo Solo	21034
2.	Initoli H Yephthomi	21069
3.	Ralans Shitiri	21026
4.	Dotsumong S Yimchunger	21030
5.	Pavitoli Swu	21041
6.	Viphretuonuo Suohu	21022
7.	Ciwa Magh	21025
8.	Keneisanuo	21040
9.	Kezhakietuo Khezhe	21045
10.	Kekhriezhakho Khoubve	21046
11.	Hannah J Kiho	21050
12.	Kevisaho Chaya	21056
13.	Noklong Y Chundok	21205
14.	Alona Aye	21278
15.	Kevineizo Rupreo	21309
16.	Thonchule Magh	21076
17.	Chathasezo Charles	21078
18.	Kezevinuo Catherine Rutsa	21081
19.	Thokchom Anita Leima	21090
20.	Tezenti Magh	21096

SL. NO	MENTOR: Mr. Sanihe Artijü	ADMISSION NUMBER
	NAME OF MENTEES	
1.	Kekhriesenuo Sote	21111
2.	Peli Pfoze	21112
3.	Nchunthung Kithan	21042
4.	Mhathang S Ngullie	21051
5.	S. Phangshong Konyak	21052
6.	Alovika K Zhimomi	21058
7.	Delie Dzieseneinuo	21036
8.	Ruguolhounuo Solo	21037
9.	Yatilejemu	21043
10.	Eliton N Nyekha	21040
11.	Nuosituo Zhale	21062
12.	Diezetuonuo Theunuo	21064
13.	Unise Chishi	21066
14.	Ravikho	21067
15.	Ruyifi Trakha	21082
16.	Ajano B Yanthan	21120
17.	Benedict Tep	21122
18.	Chenole Tep	21128
19.	Denmei K Ngumnsungu	21128
20.	Erenbeni Y Kikon	21126



SL. NO	MENTOR : Dr. TOVIKA SWU ✓	ADMISSION NUMBER
	NAME OF THE MENTEES	
1.	Kuvelu chuzho	21010
2.	Francis Yimchunger	21011
3.	Kechangulie Khoubvce	21017
4.	Disula Sangtam	21196
5.	Du-o Victor Rume	21197
6.	Khriezouuo Mechieo	21198
7.	Dziesekhrietuo Tunyi	21199
8.	Vilahenuo Riilho	21200
9.	Medozeu Lohe	21334
10.	L. Omei	21342
11.	Peshe N Lam	21305
12.	Iziegumbe Thou	21306
13.	Mighali	21321
14.	Khrure Dukru	21324
15.	Akivito K Yeptho	21327
16.	Chamya N Konyak	21358
17.	Y Lenchu Angh	21001
18.	Nyanbemo Khuvung	21005
19.	Ningsala H Sangtam	21326
20.	Lemtsala P Sangtam	21337

SL. NO	MENTOR: Mr. LOKHO ANTHONY	ADMISSION NUMBER
	NAME OF MENTEES	
1.	Pipenthung Ngully	21003
2.	Litingla Sangtam	21015
3.	Yavimenuo	21024
4.	Rachel Magh	21028
5.	Timothy Tep	21039
6.	Dziesephrezo Kuotsu	21203
7.	Kevichukho Theunuo	21204
8.	Chutiya Magh	21004
9.	Kevichatha Kire	21013
10.	Apunsin Seb	21012
11.	Akhriebou Zumu	21032
12.	Kesangulie Mepfhuo	21044
13.	Kevinoli Awomi	21048
14.	Hike Swu	21049
15.	Ritsala Sangtam	21007
16.	Ketholeu	21014
17.	Walumar Jamir	21021
18.	Khumbila H Sangtam	21023
19.	Shurhovino Zinyu	21029
20.	Dziesevinuo Dorothy Linyii	21031



No. RAZOUKHRIENUO SELETSU

SL. NO	MENTOR: Mrs. VIHRESENUO YHOKHA	ADMISSION NUMBER
NAME OF MENTEES		
1.	Thejanguzo Metha	21115
2.	Vchok Lemei L. Phom	21116
3.	Kevineinuo Rutsa	21059
4.	Temsurenla Jamir	21065
5.	Atenjenba I. Aier	21068
6.	Neilangunuo Tscikha	21070
7.	Imtidentla Kichu	21057
8.	Khonzani T Kithan	21071
9.	Kelhokhrienuo Martina Keyho	21074
10.	Njunle Lorin	21075
11.	Menguzonuo Keretsu	21091
12.	Yapangjungla I Walling	21092
13.	Khoyio Basena	21098
14.	Amongla Pongen	21100
15.	Apovisie Ngouri	21153
16.	Inali K Yeptho	21127
17.	Janet Achumi	21128
18.	Khriebeinuo	21129
19.	Lemrila R	21131
20.	Lireni Lotha	21132

SL. NO	MENTOR: Mrs. ZAVELÜ KEZO	ADMISSION NUMBER
NAME OF MENTEES		
1.	Tekasangla	21072
2.	Neilaphrenuo Belho	21077
3.	Angunuo Pfukri	21079
4.	Ramji Cholen I	21080
5.	Pesikhrienuo Medom	21085
6.	Mehenen Thong	21088
7.	Kano T Achumi	21093
8.	Medoneinuo Rutsa	21097
9.	Avikie Dzuvichu	21154
10.	Chentimo Tep	21155
11.	Chongjiu T	21156
12.	Kevengoto	21158
13.	Khrukudu Nyekha	21160
14.	Nikili Kinimi	21133
15.	Pushotolu Thisa	21134
16.	Teisongunuo Rio	21137
17.	Thejavizo Phewhuo	21138
18.	Zarenbeni P Jami	21139
19.	Veronica Khemai	21117
20.	Vezala	21118



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SL. NO	MENTOR: Ms. SHURHONUO	ADMISSION NUMBER
NAME OF MENTEES		
1.	Likivi wotsa	21083
2.	Nchumthang Shitiri	21084
3.	Nenshale Magh	21087
4.	Akhriezo Pienyu	21140
5.	Heisapsile Herang	21141
6.	Joshua D Rungmei	21142
7.	Medonguzo Rulho	21101
8.	Khoselhon Kezo	21181
9.	Kuwe Ritse	21183
10.	Lietholhounuo Talie	21161
11.	Liholi Swu	21162
12.	Mhachoni Y Patton	21163
13.	Moasunep Pongen	21164
14.	Neizokhonuo D Segotsu	21165
15.	Rokolhouno	21187
16.	Calista Tungoe	21207
17.	Holikali Achumi	21210
18.	Nesenle Kath	21217
19.	Kedolhouno Vakha	21307
20.	Z Thungbeni Murry	21119

SL. NO	MENTOR: Dr. TOSHIMENLA ✓	ADMISSION NUMBER
NAME OF MENTEES		
1.	Nukuzo Rresu	21167
2.	Nungsangyanger	21168
3.	Nuveto Theyo	21169
4.	Renben T Kikon	21170
5.	Tenjenkala Imsong	21172
6.	Melissa H Nyekha	21184
7.	Nounechulie Yaotsu	21185
8.	Peteneinuo Christina Linyu	21186
9.	Sarita Ming	21188
10.	K Wetshah	21143
11.	Kethodilie Khezhie	21144
12.	Liifi Jorror	21146
13.	Nuhutolu Kezo	21147
14.	Tosheto	21148
15.	Cintenlo Kath	21310
16.	Neisedelie Yaotsu	21312
17.	Sesowe Tsuha	21314
18.	Dzieyalhoulie Theunuo	21316
19.	Kesotuonuo Angeli Rulho	21318
20.	Cuwe U Kupa	21299



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NO	MENTOR: Dr. Adenuo SHIRAT LUIKHAM ✓	ADMISSION NUMBER
	NAME OF MENTEES	
1.	Vilhoukho Meriso	21174
2.	Zubmo Victor R	21178
3.	Zuyani Yanthan	21179
4.	Busong K	21193
5.	Kencizelhou Rutsa	21195
6.	Tovitoli Francisca Sumi	21220
7.	Kekhrievonuo Catherine Rame	21222
8.	Lokyam H Wangshu	21224
9.	Veveio Solomon Vikhe	21149
10.	Vezhotolu Lao	21150
11.	Vivonuo Belho	21151
12.	Chongchan K	21194
13.	Benchule Kath	21328
14.	Kuvelu Rhakho	21329
15.	Kevilhoubai Talie	21346
16.	Songmei Sonchyla	21362
17.	Vitoni Achumi	21229
18.	Diti Mekrisuh	21304
19.	Viziirho Ngouri	21325
20.	Tiajungla Pongen	21317



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SL. NO	MENTOR : ✓ MS. KEVISENUO NANCY	ADMISSION NUMBER	PHONE NUMBER	EMAIL
	NAME OF THE MENTEES			
1.	MEREYANI KIKON	21002	8974339224	mereyanikikon7@gmail.com
2.	TOSHISENLA KECHU	21009	9863648919	toshisenlakichu5@gmail.com
3.	VIKETOUNUO METHA	21016	7641924847	gugu3metha@gmail.com
4.	RUOKUOBEIZO WILFRED PIENYÜ	21027	7085654231	ruokuopienyii@gmail.com
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8.	YUTSUMONG V	21232	7005978196	tikhiryutsu@gmail.com
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SL. NO	MENTOR : MS. SHARON KHING ✓	ADMISSION NUMBER	PHONE NUMBER	EMAIL
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1.	DZIESETSI-Ü JUSTINA WHUORIE	21061	8794953719	dziezew909@gmail.com
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6.	KENEISA SOTHU	21191	9089659518	
7.	KETHOSINO	21243	7227943640	kethosinochasie@gmail.com
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9.	LISHEBO CHISHI	21249	8794307928	lisheboc@gmail.com
10.	MELETO KEYHO	21251	7627986368	meletokeyho@gmail.com
11.	NEIDILHOU LIE ZHALE	21254	7085442795	zhalemeidilhoulie@gmail.com
12.	NOURHENUO ZHALE	21256	6009023939	rosezhale17@gmail.com
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SL. NO	MENTOR : MR. MEDOCHULIE CIESOTSU NAME OF THE MENTEES	ADMISSION NUMBER	PHONE NUMBER	EMAIL
1.	ACHANO NAGI	21214	6009048049	nagiachano7@gmail.com
2.	ASAVINE ZHOLIA	21228	9612774702	asavinezholia44@gmail.com
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5.	HAMTHEIL	21279	8132863900	menehahuh@gmail.com
6.	TAWEMU TRAKHA	21192	9612402020	tawemutrakha@gmail.com
7.	ROBERT N NGULLIE	21259	6909027194	janbemokyon@gmail.com
8.	VILEZONUO RUVIEO	21261	7085393561	vilerivieo@gmail.com
9.	VINATOLI SWU	21262	8794959657	vinatoliswu319@gmail.com
10.	HOVIKA LOHE	21269	9366712501	lohehovika@gmail.com
11.	NCHUMBEMO H HUMTSOE	21270	7005036521	hnchumbemo@gmail.com
12.	THUNGCHIBEMO R KIKON	21273	8787555153	snowwalkerwhite@gmail.com
13.	XUVIKALI K CHOPHY	21277	8259822587	chophyalice@gmail.com
14.	AKHWENLO KENT	21369	8837346087	akhwenlokent1@gmail.com

SL. NO	MENTOR : MS. NUTSULO NAME OF THE MENTEES	ADMISSION NUMBER	PHONE NUMBER	EMAIL
1.	KHUNONGSHI K TIKHIR	21298	9863185148	khunongshiktikhir@gmail.com
2.	AZOLO KENT	21297	6009341312	azolokent@gmail.com
3.	METSHEZOU	21303	7630947761	metshezouladuh@gmail.com
4.	KALIBO CHISHI	21302	6009922615	kalibochishi8@gmail.com
5.	Samuel kemou	21311	9362157699	Kemousamuel@gmail.com
6.	SHOJILE KIHOMOMG	21211	7085458183	Shojileyimchunger61@gmail.com
7.	ALONA AYE	21278	6009373917	lonabiu1215@gmail.com
8.	EVISIE S NYUSOU	21281	8119058368	evisie41@gmail.com
9.	KEKHRIELEHUNUO	21284	8416089089	keneichat@gmail.com
10.	KHROTUU AKAMI	21285	8730904825	khrotuuakami@gmail.com
11.	KUVEDULU NAKRO	21286	8732866142	kevenakro@gmail.com
12.	CEKROHULU PURO	21293	6009280895	CHUKROHULU@GMAIL.COM
13.	ARHUNLE SEMP	21295	9863294906	arhunle10@gmail.com

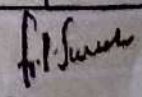


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NO	MENTOR : MS. ZEVISANUO	ADMISSION NUMBER	PHONE NUMBER	EMAIL
	NAME OF THE MENTEES			
1.	WANLE KONYAK	21323	7005983249	konzawan@gmail.com
2.	MUHRURHU MOVI	21347	7085432952	maryarhiimovi@gmail.com
3.	BENYE TEP	21341	7085899223	ybenyetep@gmail.com
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5.	VIMEZO PIENYU	21344	8258893090	avikuopienyu@gmail.com
6.	VECISELU LOHE	21212	8131836831	Vizolohe20@gmail.com
7.	NILOKA YEPTOMI	21296	8794924382	nikokayep12@gmail.com
8.	AJAVI ANGELA	21299	6009153481	ajaviangela1@gmail.com
9.	ALOTO	21319	8787477987	alotokiho47@gmail.com
10.	MARSHAL AKIOTO	21320	8974533347	shikaviawomi4@gmail.com
11.	LIVITOLI SHOHE	21330	8257855452	livotolishohe34@gmail.com
12.	SEYIEVITUO SHUYA	21332	8258950492	seyievituosshuya8@gmail.com
13.	EASTER LOTH A	21333	6009561267	easterlotha700505@gmail.com

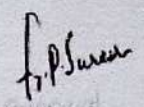
SL. NO	MENTOR : MRS. SESINO	ADMISSION NUMBER	PHONE NUMBER	EMAIL
	NAME OF THE MENTEES			
1.	RAZOUVOLHOU RIO	21361	9366229716	rioalo360@gmail.com
2.	NOUNESIENUO SEYIE	21366	9612772820	nuonesienuoseyie@gmail.com
3.	LUMMAYA SHAIZA	21350	9863376420	lumsshaiza42@gmail.com
4.	KESOLE TEP	21357	9863445603	kesoletep20@gmail.com
5.	ROSY RIKHA	21107	9077662305	Rikharosy13@gmail.com
6.	RUKUOPHRE-O KEYHO	21356	8787780699	rozspider@gmail.com
7.	KHRIEVIKUO KEDITSU	21335	7630947896	khrievikuokeditsu@gmail.com
8.	LONGTILA	21339	6009490337	lstm4602@gmail.com
9.	NGUCHUSA POJAR	21343	8974761978	nguchupojar2001@gmail.com
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11.	AKENYE SEB	21349	8787821457	akenyeseb2@gmail.com
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	JESIYA MAGH	21373	6909868651	jesiyamagh@gmail.com




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MENTOR : MRS. RAZOUNEINUO ✓	ADMISSION NUMBER	PHONE NUMBER	EMAIL
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NEPUNI HRIIZINI	21359	6009131905	mariikhonepuni@gmail.com
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LOVIBOLI AYE	21020	9402207462	aloviayemi@gmail.com
SAKUO KEYHO	21367	9774274682	sakuokeyho@gmail.com
KHRIKETUOZO VIPFHE	21353	6009350129	ATOUZOVIPFHE664@GMAIL.COM
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CHINGLOI C	21355	8732028459	aloichingloi@gmail.com
1. NUKHO KEYHO	21360	8131050494	nukhokeyho106@gmail.com
1. YANGTSAZI SANGTAM	21364	8837398520	yangtsalangki@gmail.com
2. LEEYA LUNGHU	21365	6009418558	leeyalunghu@gmail.com
13. YEKOVI KAPPO	21368	7630877815	yekovikappo9647@gmail.com




 Principal
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DON BOSCO COLLEGE, KOHIMA

Affiliated to Nagaland University

Date: 03rd August 2021

MENTORING COMMITTEE

CIRCULAR

Dear Staff Members,

This is for your kind information, that mentoring sessions for 1, 3 & 5th Sem students (shift-1) will be held on August 4th and August 5th 2021 from 9 am- 3pm. There will be no classes held for these students on the above mentioned dates. Respective mentors can create your own online mentoring meeting schedule for your mentees at the mentioned dates and time. Kindly inform the students of the same and request them to attend the mentoring sessions at the given dates and time

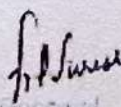
Thank You

Sd/-

Ms. Razoucinuo Suokhrie
Coordinator, Mentoring Committee
Don Bosco College Kohima

Sd/-

Fr. Dr. P Suresh
Principal
Don Bosco College Kohima


Principal
Don Bosco College
PB - 430
Kohima-797001 Nagaland



Some of the themes for discussion in mentoring sessions of 1st sem students (Shift-1)

- Introduction of the mentoring programme
- Self introduction of mentors and mentees
- Performance in the previous examinations
- Interests and hobbies
- Skill and talent related topics
- Discussions of long term & short term goals
- Time management
- Set expectations with your mentees
- Any other topics of relevance

Some of the themes for discussion in mentoring sessions on 3rd & 5th sem students (Shift-1)

- Experience/reflecting on the mentoring sessions conducted by the mentors
- Discussions of long term & short term goals
- Working towards achieving set goals
- Discussions on future career/ further studies
- Any other topic of relevance



[Signature]
Principal
Don Bosco College
PB - 430
Kohima-797001 Nagaland



Date: 05th August 2021

MENTORING COMMITTEE

CIRCULAR

Dear Staff Members,

This is for your kind information, that mentoring sessions for 1 Sem students (shift-2) will be held on August 6th and August 7th 2021 from 9 am- 12noon. There will be no classes held for these students on the above mentioned dates. Respective mentors can create your own online mentoring meeting schedule for your mentees at the mentioned dates and time. Kindly inform the students of the same and request them to attend the mentoring sessions at the given dates and time

Thank You

Sd/-

Ms. Razouneino Suokhrie
Coordinator, Mentoring Committee
Don Bosco College Kohima

Sd/-

Fr. Dr. P Suresh
Principal
Don Bosco College Kohima

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DON BOSCO COLLEGE, KOHIMA

Affiliated to Nagaland University

Some of the themes for discussion in mentoring sessions of 1st sem students (Shift-2)

- Introduction of the mentoring programme
- Self introduction of mentors and mentees
- Performance in the previous examinations
- Interests and hobbies
- Skill and talent related topics
- Discussions of long term & short term goals
- Time management
- Set expectations with your mentees
- Any other topics of relevance



S. P. Suresh
Principal
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Date: 12th October 2021

NOTICE

Dear Staff Members,

This is for your kind information that the 2nd mentoring sessions will start in November 2021. Students should be informed of the same and attend the mentoring sessions at the given dates and time. The scheduled dates and time are as follows:

- 1st November– 5th semester timing: 9.30 am – 10.30 am
- 3rd November – 1st semester (shift 1) timing: 1 pm – 2pm
1st semester (shift 2) timing: 1.30pm – 2.30pm (education elective)
3pm – 4 pm (sociology elective)
- 5th November– 3rd Semester timing: 1pm – 2pm
- 6th November– 1st semester (shift 1) timing: 1pm – 2pm
- 8th November– 5th semester timing: 1pm – 2pm
- 9th November– 3rd semester timing: 1pm – 2pm
- 10th November– 1st semester (shift 2) timing: 1.30pm – 2.30pm (education elective)
3pm – 4pm (sociology elective)

Thank you

Co-ordinator
Mentoring Committee
Don Bosco College, Kohima.

Fr. Dr. P. Suresh
Principal
Don Bosco College, Kohima



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Some of the themes for discussion in mentoring sessions:

- Issues faced by the mentees academically/personally
- Performance in the class tests
- Preparation for upcoming examinations
- Resolving issues of mentees
- Achieving short term and long term goals
- Discussions on future career/ further studies



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Principal

Don Bosco College

PB - 430

Kohima-797001 Nagaland

REPORT ON MENTORING SESSION FOR THE ACADEMIC YEAR 2021-2022

The first and second mentoring sessions for the academic year 2021-2022 were conducted on the following dates and time:

1st mentoring session

3rd August & 4th August 2021 (Shift-1) 1st, 3rd and 5th semesters (Time: 9 am – 3 pm)
6th August & 7th August 2021 (Shift-2) 1st Semester (Time: 9 am – 3 pm)

2nd mentoring session

1st November & 8th November 2021 5th semester (Time: 9.30 am – 10.30 am, 1pm- 2pm)
5th November & 9th November 2021 3rd semester (Time: 1pm – 2 pm)
3rd, 6th & 10th November 2021 1st semester shift 1 & 2 (Time: 1.30 pm – 4 pm)

Agenda of the 1st mentoring session:

The mentoring sessions for the 1st, 3rd and 5th semester students of shift-1 was held on 3rd and 4th August 2021. Due to lockdown, the mentoring sessions took place online through google meet and telephonic conversation/texts for students with poor internet/network connection. For the 1st semester students, introduction of the mentoring programme and self introduction of mentor and mentees took place. Discussions were held on topics such as interests, hobbies, talents as well as short term and long term goals. Furthermore, mentoring sessions for the 3rd and 5th semester students were also held by the respective mentors. Discussions were held on topics such as experience with the mentoring programme and positive feedbacks were received from the mentees. They also shared their experiences with the online classes. Apart from this, discussions were also held on achieving set goals and plans for future careers/ studies and mentees were given advice on these topics by their mentors.

The mentoring sessions for the 1st semester students of shift-2 were held on 6th and 7th August 2021. The mode of communication was through google meet and telephone/texts for students with poor internet/network connection. Since the students were new to mentoring, they were briefed about the mentoring programme. Mentors and mentees gave self introduction and discussions on topics such as performance in previous year examinations, interest, hobbies, skills and talents took place. Mentees were also asked about their short term and long term goals and advised about time management and other relevant topics.

The first mentoring sessions for both shift-1 and shift-2 was fruitful and positive feedbacks were received from the mentees regarding the mentoring programme.

Medium of mentoring

The medium of mentoring used were: Google Meet, whatsapp, telephonic conversation.

Mode of mentoring

The mode of mentoring were: In groups, one to one sessions

Feedbacks from the mentees:

- Positive attitude towards the mentoring programme
- Poor internet connectivity
- Low concentration due to distractions in the surrounding
- Difficulty in maintaining consistency in their time management



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Dor Basava College
PO - 230
Kohima-797001 Nagaland

- Loss of flow in daily routine
- Improve their communication skills/ build confidence
- Overcome their weaknesses
- Lack of motivation and commitment

Reflection on the feedback: Some of the mentors have made the effort for resolving the issues raised by their mentees. Furthermore, the mentoring committee will conduct a meeting and discuss the feedbacks given by the mentees and help try to resolve them.

Agenda of the 2nd mentoring session:

The second mentoring session was held in the month of November 2021 for all the 3 semesters. As offline classes had resumed, the mentoring sessions were held offline (face to face) and students were informed of the same. In some of the cases, the sessions were held online and through telephonic conversation for those students who couldn't attend the offline mode. For this mentoring session, topics discussed include personal as well as academic issues faced by the mentees. Some shared their family/ personal issues with their mentors. Discussions were also held on their performance in the class tests and some shared that they could not perform well in the tests due to time constraint, time management issues and excessive screen time. Mentors advised them about maintaining a daily routine and strategies for time management. Apart from these, discussions were also held on their preparation for the upcoming exams and were encouraged to give their best. Discussions were also held on their short term and long term goals and future career to which many of them shared about their plans. Mentees were also asked to give their feedback on the mentoring program to which a lot of them gave positive feedbacks. The second mentoring sessions was held according to plan and was a success.

Medium of mentoring

The medium of mentoring used were: offline mode, Google Meet, telephonic conversation.

Mode of mentoring

The mode of mentoring were: In groups, one to one sessions

Feedbacks from the mentees:

- Positive feedback on the mentoring programme
- Time management issues
- Exam pressure
- Hectic schedule after joining college
- Time constrain in preparing for CIA/exams

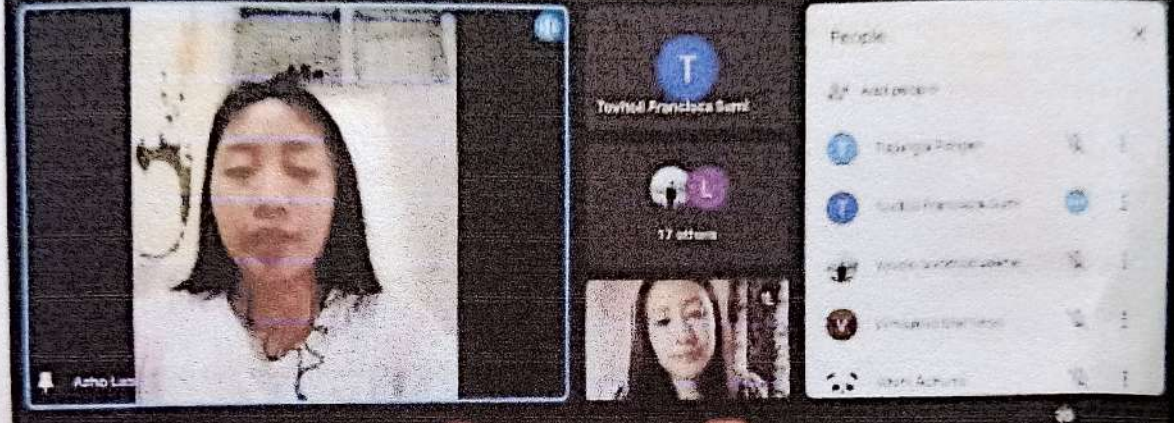
Reflection on the feedback: The mentors made efforts to resolve the issues raised by the mentees and keeping in touch/ being available to the mentees on a regular basis.



L.P. Suresh
Principal
Don Bosco College
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Dr. P. Suresh
 Principal
 Don Bosco College
 PB - 430
 (044)-797907, Naxland



DON BOSCO COLLEGE, KOHIMA

Affiliated to Nagaland University

Date: 25th January, 2022

NOTICE

Dear Staff Members,

This is for your kind information that mentoring sessions for 2nd, 4th and 6th Semester students will be held on January 27th, 28th and 29th, 2022 respectively. For shift 1, mentoring sessions will be held after first shift classes i.e. from 12:10PM - 1:10PM. For shift 2, mentoring sessions will be from 11:30am - 12:30PM. Respective mentors can create your own mentoring schedule for your mentees from the above mentioned dates and time. Kindly inform your students of the same and request them to attend the mentoring sessions.

January 27, Thursday - 2nd Semester students

January 28, Friday - 4th Semester students

January 29, Saturday - 6th Semester students

Some themes for discussion for this mentoring session:

- Discussion of Goals and resolutions made for the ongoing new semester
- Discussion of long term and short term goals
- Time management
- Discussion on future career / further studies
- set expectations with your mentees
- Any other relevant topics.

Kindly submit your report along with Geo-Tag photo to sesivellowstone@gmail.com

Sd/-

Mrs. Zavelu Kezo Vero
Dean of Students' Affair
Committee
Don Bosco College Kohima



Sd/-

Mrs. Sesino Savino
Coordinator, Mentoring

Don Bosco College Kohima

S. P. Savino
Principal
Don Bosco College
PB - 430



DON BOSCO COLLEGE, KOHIMA

Affiliated to Nagaland University

Date: 25th March, 2022

Notice

Dear Staff Members,

This is for your kind information that the 2nd mentoring sessions for 2nd, 4th and 6th Semester students will be held on March 28th, 29th and 30th, 2022 respectively. For shift 1, mentoring sessions will be held after first shift class i.e. from 12:10PM - 1:10PM. For shift 2, mentoring sessions will be from 11:30AM - 12:30PM. Respective mentors can create your own mentoring schedule for your mentees from the above mentioned dates and time. Kindly inform your students of the same and request them to attend the mentoring sessions.

- March 28, Mon - 2nd semester students
- March 29, Tue - 4th Semester students
- March 30, Wed - 6th Semester students

Some themes for discussion for these mentoring sessions

- FEEDBACK of mentoring sessions from Students
- Preparations for upcoming model and NU Exams
- Discussion of future career/studies
- Time management
- Any other relevant topics

Kindly submit your report along with Geo-tagged photo to sesiyellowstone@gmail.com

Thank you

Sd/-

Mrs. Zavelu Kezo Vero
 Dean of Student Affairs
 Don Bosco College Kohima

Sd/-

Mrs. Sesino Savino
 Coordinator, Mentoring Committee
 Don Bosco College Kohima



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 Kohima - 797001, Nagaland

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DON BOSCO COLLEGE, KOHIMA

Affiliated to Nagaland University

Date 31st March, 2022

REPORT ON MENTORING SESSION FOR THE ACADEMIC YEAR 2021- 2022 JANUARY TO JULY 2022

The mentoring sessions for the academic year 2021- 2022 (January-July) were conducted on the following days:

- January 27th and March 28th - 2nd Semester students
- January 28th and March 29th - 4th Semester students
- January 29th and March 30th - 6th Semester students

The mentoring sessions were held offline and students were informed of the same. Some mentors conducted group mentoring and some conducted individual sessions with the mentees.

For these mentoring sessions, some themes that were discussed include goals and resolutions made for the ongoing new semester. Most students shared that they will study harder and perform better for the new semester and put more effort in their academic related activities. Discussions were also done on long term and short term goals. Students were encouraged to consistently maintain and work on their goals they have set. Time management was discussed with the mentees to which most of them committed to set a timetable for their studies and manage their time wisely at college and even at home. Feedback of mentoring sessions from students was discussed, to which most of the students gave positive replies on the mentoring sessions, they said the sessions held for them were motivating, inspiring, helpful and guiding. Lastly, preparations for upcoming Model and NU exams were also discussed with the students. The mentors instructed the students to prepare well for their exams, have reading hours for minimum 4hrs, to get all materials for the papers and clear their doubts with their concerned teachers.

Issues raised by the mentees:

- Lack of motivation and commitment
- College timing too early (80% of the mentees views, from Morning shift students, shift 1)
- Difficulty in maintaining study routine
- Lack of focus
- Much time spent on their mobile phones
- Transportation Problem

Suggestions given and Issues resolved:

- With respect to their time management, students were advised to sleep early, get up early and set aside a proper timetable for their studies.
- Mentees were advised to avail the transportation provided by the college authority
- With respect to the morning shift timing (7.30am), such concerns will be conveyed to the college authority.
- Positive feedbacks and encouragements were given for those lacking motivation and focus.
- Suggested the mentees to self-assess from time to time, take care of their health and be sociable.

Reflection on the mentoring sessions:

The mentors made efforts to resolve the issues raised and encouraged mentees to approach them for any concerns or problems. The mentoring sessions were held according to plan and it was a success.





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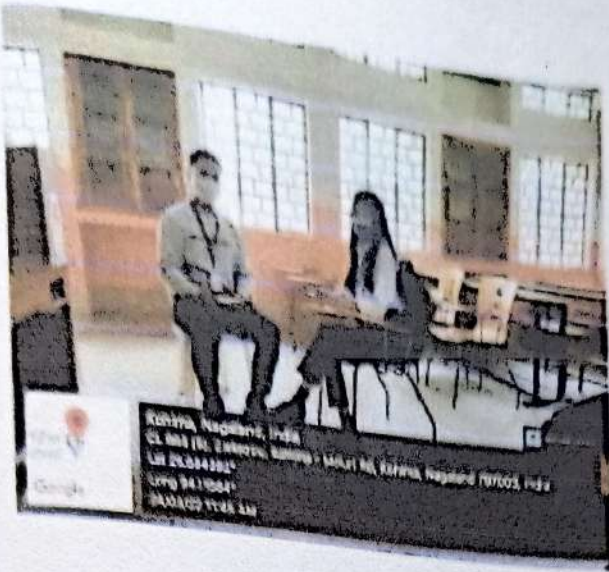
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Dr. J. J. ...
 Principal
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 Kohima-797001, Nagaland



DON BOSCO COLLEGE, KOHIMA

Affiliated to Nagaland University

Date: 28/07/2022

NOTICE

This is to inform the staff members that the first mentoring program will start from 1st to 3rd August 2022. In this regard classes are cancelled for all three days and the concerned mentors can conduct the mentoring sessions for their mentees in the scheduled time and dates given below:

- 1st August- 1st semester (Holiday for 3rd & 5th sem students) timing: 9.00 am – 1.00 pm
- 2nd August -3rd semester (Holiday for 1st & 5th sem students) timing: 9.00 am – 1.00 pm
- 3rd August- 5th semester (Holiday for 1st & 3rd sem students) timing: 9.00 am – 1.00 pm

It is mandatory for all the staff members to be present for all three days.

Sd/-

Razouneino Suokhrie
Co-ordinator
Mentoring Committee
Don Bosco College, Kohima.

Sd/- *f. p. Suresh*

Fr. Dr. P. Suresh
Principal
Don Bosco College, Kohima