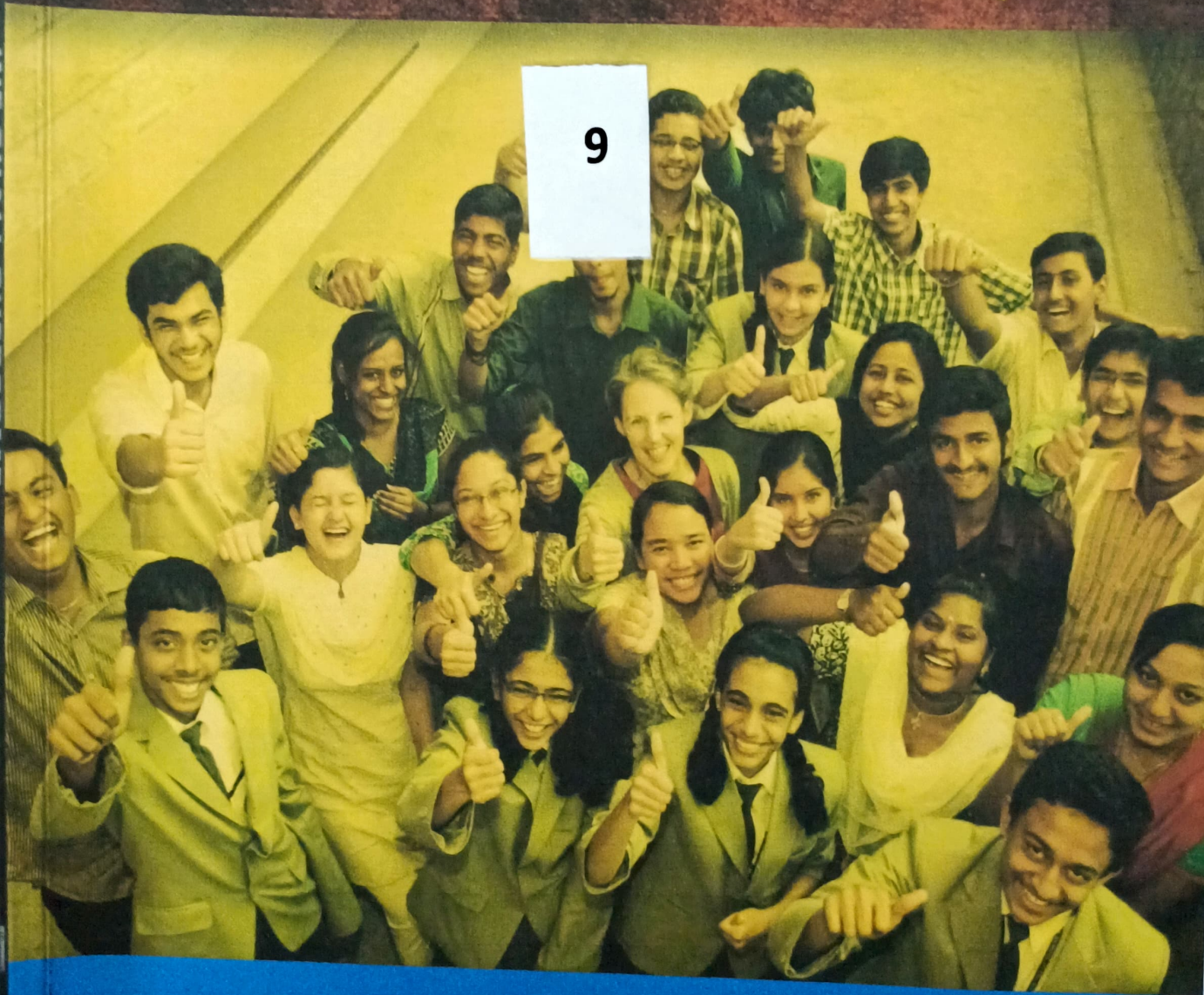


# WE SHALL OVERCOME

Values for an Integrated Personality

9



FOR XI, XII / P.U.C & COLLEGE STUDENTS

Sister Mary Vishala, S N D

# **WE SHALL OVERCOME**

Values for an Integrated Personality

For XI, XII / P.U.C & College Students

We Shall Overcome (Values for an Integrated Personality)  
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Sisters of Notre Dame, 798  
9th Main, 3rd Block, Koramangala  
Bangalore - 560 034, India.

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ISBN: 978-81-7086-700-5

**Published by Asian Trading Corporation, 58, 2nd Cross, Da Costa Layout,**  
P. O Box 8444, St. Mary's Town, Bangalore - 560 084, India  
Tel: +91-80-2548 7444, 2549 0444; Fax: +91-80-2547 9444  
E-mail: info@atcbooks.in Website: www.atcbooks.in

Printed at Brilliant Printers Pvt. Ltd. Bangalore - 560 094

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# OF BANGALORE

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*Archbishop of Bangalore*



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## FOREWORD

We are bombarded with communication at all levels and still, at the deepest level, we speak without being heard and hear without listening. We have conquered the skies, the wind, the moon and the universe and yet, we haven't learnt to conquer our own minds and hearts leading to a world of hurting people, including ourselves. When we look at the modern world, we have to face the fact that modern man suffers from a kind of poverty of the spirit, which stands in glaring contrast to his scientific and technological abundance. It is fitting that we recall here the words of Martin Luther King Jr. who said: "We've learned to fly the air like birds, we've learned to swim the seas like fish, and yet we haven't learned to walk the earth as brothers and sisters."

It's easy for us to be overwhelmed by seeing today's new and emerging technologies, and also be assailed by feelings of inadequacy. The world has become a global village and yet, people live like islands.

**We have forgotten the good old values;**

**We see different forms of violence;**

**We see our youth in conflict and confusion; because they experience a breakdown of the value-system in many spheres of life.**

We meet many people in our life's journey, but there are very few we can look up to as role models. Unfortunately, we come face to face with double standards nearly everywhere we turn to. That's why **We Shall Overcome, a Book, which discusses the basic values for an integrated personality**, by a renowned educationist and an experienced counsellor, Sr. M. Vishala, SND, unfolds the hidden treasures from the lives of great personalities to inspire and strengthen us.

Meant for young people, it's the kind of book that is bound to raise self-esteem and self-confidence in them. Very often, students are frustrated because of failure in their academic performance, broken relationships and unrealized dreams. Not having enough strength and courage, they think of suicide. This book is sure to instil in them rays of hope and boost their morale. After all, Thomas Alva Edison, Abraham Lincoln and Einstein, to name but a few, were also initially considered failures.

This Book also confronts the culture of **violence, hatred, death and raging moral dilemmas. It throws light on issues that concern the young, but are rarely spoken about – the special features of adolescence, growth and development, needs, expectations, respect for life, sexuality, substance abuse, abortion, Human Rights, the Rights of children, youth and women, health problems and disorders among adolescents, etc.**

**It is an ideal Book on Sex Education, Values and Ethics.**

**We Shall Overcome** addresses very specific needs of the youth, and tries to answer their questions, when others sweep them under the carpet, Sr. M. Vishala, SND has made all efforts to answer those questions. Our future, after all, lies in the hands of our youth who are the hope for a better world!

True to the title – We shall overcome – this book authored by Sr. M. Vishala SND is a boon to today's youth. I congratulate her for this noble project and pray to God to bless all her future endeavours with success. It is with great joy, I recommend this book to all educational institutions, and request them to make extensive use of this book.

*+ Blessed*

MOST REV. DR. BERNARD MORAS  
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    - i) Natural Calamities like Floods, Droughts, Cyclones, Typhoons, Hurricanes, Tornadoes, Earthquakes, Tsunamis, Fires, Nuclear Disasters, Industrial Accidents, Epidemics and other accidents.
    - ii) Man-made tragedies
  - G) Child-Marriage
  - H) Child Labour
  - I) Human Trafficking

## Bibliography

## ABOUT THE BOOK

*"Youth is the reason of hope, enterprise and energy, to a nation as well as individual."*

*- W.R. Williams*

Youth are full of positive power, energy and hope. In a world torn by various forms of violence and where many leaders are in a dilemma as to what is right and wrong, our youth are certainly a sign of hope and consolation. But, at times, they too are confused seeing the double-standards of leaders and others who are supposed to be role-models and builders of society. In such a scenario, moulding our youth with moral, spiritual, emotional, social, cultural and intellectual values, and international understanding is an urgent priority. This can be achieved only through a value-based education for our youth. Keeping in mind, this very task of shaping our youth, Sr. Mary Vishala, SND, a well-experienced Educational Psychologist and Counsellor of youth has brought out this book, '**We Shall Overcome**', which discusses the basic **values for an integrated personality**. With her genuine love and understanding of today's youth, their doubts and their fears, she has discussed several issues which they question and which cause them confusion. The book has dealt with several issues which are rarely spoken of or are clarified – **the culture of violence, hatred, death and raging moral dilemmas – the special features of adolescence, their growth and development, needs, expectations, respect for life, sexuality, substance abuse, abortion, Human Rights, the Rights of children and youth, women, health problems and disorders among adolescents, etc.** If enough time is given for discussion and debate in their time-table for these issues and moral and ethical principles, we can be assured that our youth will become wholesome persons and can make a difference to the society, nation and to the world at large. Hence, our youth will be capable of overcoming any challenge and can proudly sing, "**We Shall Overcome**".

*We shall overcome, we shall overcome,  
We shall overcome someday;  
Oh, deep in my heart, I do believe,  
We shall overcome someday.*

## ABOUT THE AUTHOR

Sister Mary Vishala, SND, is a member of the Congregation of the Sisters of Notre Dame. As an Educational Psychologist, she has dedicated more than three decades as a Teacher, Student-Counsellor and Principal of the Teacher Training College, training teachers to become quality-educators. She is also the Author of the Best-selling books, '**Guidance and Counselling**' (For Teachers, Parents and Students), '**Who is a Good Teacher/Principal?**' and a unique and purposeful Series of Books for Value Inculcation, titled, '**Build A New World- through Head, Heart and Hands**' for Schools and Colleges.



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P. O. Box 8444, BANGALORE 560 084, INDIA.  
[www.atcbooks.in](http://www.atcbooks.in)

M.R.P ₹ 250/-

ISBN 978-81-7086-700-5



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# AY-2018-19

## TIME TABLE ACADEMIC YEAR 2018-19 SUBJECT ALLOTMENT

①

S.N	Department	Staff Name	Staff Code	Subject	Total class
1	English	Mrs. Pinky Sagolsem	PS	EN 502(5) - H2, EN 303(5) - H2, EN 501(5) - H2	13
2	English	Dr. Toshimenla	IM	EV 501(2) - H2, EV 302(5) H3, EV 603(5) - H3	12
3	English	Ms. Otoli V. Yeptho	OL	EV 602(3) H2, AL 7301(1) H9	12
4	English	Dr. Ademio Shirat Luukham	AL	EV 503(5) H2, EV 101(1) H8	12
5	Political Science	Mrs. Keziemio	KZ	PL 102(5) H5, PL 301(6) H9, PL 502(2) H5	13
6	Political Science	Mr. N Zupenthung Shitiri	ZS	PL 502(5) H5, PL 302(3) H5, PL 101(6) H5	12
7	Political Science	Dr. Aosunep	AS	PL 503(5) H5, PL 302(2) H5, PL 501(5) H9	12
8	History	Ms. Tsutshowe-U Sekhamo	TS	HS 502(3) H9, HS 302(5) H9, HS 301(6) H9	14
9	History	Dr. Lamkumal Ao	LA	HS 503(5) H9, EV 501(2) H8, HS 501(5) H9	12
10	History	Ms. Vehutahu Vero	VV	HS 102(5) H9, HS 502(3) H9, HS 101(6) H8	13
11	Education	Ms. Jarami Mao	JM	ED 502(5) H1, ED 102(5) H1, ED 301(2) H6	12
12	Education	Ms. Vikaholi Chishi	VC	ED 503(5) H1, ED 101(5) H6, EV 501(2) H8	12
13	Education	Dr. Iminano Longkumer	IL	ED 302(5) H1, ED 501(5) H6, ED 301(2) H6	13
14	Sociology	Dr. Velhou Koza	VZ	SO 505(5) H7, SO 501(2) H7, SO 102(5) H7	12
15	Sociology	Mr. Samhe Arijit	SA	SO 502(5) H7, SO 101(5) H7, SO 501(2) H7	12
16	Sociology	Ms. Viphreseno Yhokha	VY	SO 301(5) H7, EV 501(1) H8, SO 302(5) H8	11
17	Value Education	Father	F	VE 101(1) H8, VE 301(1) H9	2





Teacher Ms Vehutalu Vero

	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
		H-8 HIS 101 VV			
		H-8 HIS 101 VV			
		H-8 HIS 101 VV			H-8 HIS 101 VV
	H-4 HIS 502 VV	H-8 HIS 101 VV			
	H-4 HIS 502 VV	H-8 HIS 101 VV			

Teacher Ms. Jarani Mao

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
Mo		H-1 EDN502 JM		H-1 EDN102 JM		
Tu		H-1 EDN502 JM		H-1 EDN102 JM		
We		H-1 EDN502 JM		H-1 EDN102 JM		
Th		H-1 EDN502 JM		H-1 EDN102 JM		H-6 EDN301 JM
Fr		H-1 EDN502 JM		H-1 EDN102 JM		H-6 EDN301 JM

Teacher Ms Vikaholi

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
Mo	H-1 EDN503 VC			H-8 EVS 501 VC	H-6 EDN101 VC	
Tu	H-1 EDN503 VC			H-8 EVS 501 VC	H-6 EDN101 VC	
We	H-1 EDN503 VC			H-8 EVS 501 VC	H-6 EDN101 VC	
Th	H-1 EDN503 VC				H-6 EDN101 VC	
Fr	H-1 EDN503 VC				H-6 EDN101 VC	

Teacher Dr. Intinano Longkumer

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
			H-6 EDN501 IL		H-1 EDN302 IL	H-6 EDN301 IL
			H-6 EDN501 IL		H-1 EDN302 IL	H-6 EDN301 IL
			H-6 EDN501 IL		H-1 EDN302 IL	H-6 EDN301 IL
			H-6 EDN501 IL		H-1 EDN302 IL	
			H-6 EDN501 IL		H-1 EDN302 IL	

Teacher Dr. Velhou Koza

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
Mo		H-7 SOC505 VZ	H-7 SOC501 VZ	H-7 SOC102 VZ		
Tu		H-7 SOC505 VZ	H-7 SOC501 VZ	H-7 SOC102 VZ		
We		H-7 SOC505 VZ		H-7 SOC102 VZ		
Th		H-7 SOC505 VZ		H-7 SOC102 VZ		
Fr		H-7 SOC505 VZ		H-7 SOC102 VZ		

Teacher Mr. Sanihe Ariijii

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
Mo	H-7 SOC502 SA				H-7 SOC101 SA	
Tu	H-7 SOC502 SA				H-7 SOC101 SA	
We	H-7 SOC502 SA		H-7 SOC501 SA		H-7 SOC101 SA	
Th	H-7 SOC502 SA		H-7 SOC501 SA		H-7 SOC101 SA	
Fr	H-7 SOC502 SA		H-7 SOC501 SA		H-7 SOC101 SA	

Teacher Ms Viphreseno Yhokha

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
					H-8 SOC302 VY	H-7 SOC301 VY
					H-8 SOC302 VY	H-7 SOC301 VY
					H-8 SOC302 VY	H-7 SOC301 VY
					H-8 SOC302 VY	H-7 SOC301 VY
					H-8 SOC302 VY	H-7 SOC301 VY

Teacher Dr. Fr. P. Suresh

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
Mo						
Tu						
We						
Th						H-8 VE 101 F
Fr		H-9 VE 301 F				



### Hall 7

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
Mo	H-7 SOC502 SA	H-7 SOC505 VZ	H-7 SOC501 VZ	H-7 SOC102 VZ	H-7 SOC101 SA	H-7 SOC301 VY
Tu	H-7 SOC502 SA	H-7 SOC505 VZ	H-7 SOC501 VZ	H-7 SOC102 VZ	H-7 SOC101 SA	H-7 SOC301 VY
We	H-7 SOC502 SA	H-7 SOC505 VZ	H-7 SOC501 SA	H-7 SOC102 VZ	H-7 SOC101 SA	H-7 SOC301 VY
Th	H-7 SOC502 SA	H-7 SOC505 VZ	H-7 SOC501 SA	H-7 SOC102 VZ	H-7 SOC101 SA	H-7 SOC301 VY
Fr	H-7 SOC502 SA	H-7 SOC505 VZ	H-7 SOC501 SA	H-7 SOC102 VZ	H-7 SOC101 SA	H-7 SOC301 VY

timetable generated 08-06-2019

asc timetable

### Hall 8

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
Mo	H-8 ENG101 AL	H-8 POL 101 ZS	H-8 HIS 101 VW	H-8 EVS 501 VC	H-8 SOC302 VY	H-8 ENG101 AL
Tu	H-8 ENG101 AL	H-8 POL 101 ZS	H-8 HIS 101 VW	H-8 EVS 501 VC	H-8 SOC302 VY	H-8 POL 101 ZS
We	H-8 ENG101 AL	H-8 POL 101 ZS	H-8 HIS 101 VW	H-8 EVS 501 VC	H-8 SOC302 VY	H-8 HIS 101 VW
Th	H-8 ENG101 AL	H-8 POL 101 ZS	H-8 HIS 101 VW	H-8 EVS 501 LA	H-8 SOC302 VY	H-8 VE 101 F
Fr	H-8 ENG101 AL	H-8 POL 101 ZS	H-8 HIS 101 VW	H-8 EVS 501 LA	H-8 SOC302 VY	H-8 ENG101 AL

DON BOSCO COLLEGE, KOHIMA

timetable generated 08-06-2019

asc timetable

### Hall 9

	1st 9:10 - 10:00	2nd 10:00 - 10:50	3rd 11:00 - 11:50	4th 11:50 - 12:40	5th 1:10 - 2:00	6th 2:00 - 2:50
Mo	H-9 ALT 301 OLY	H-9 POL 301 KZ	H-9 HIS 301 TS	H-9 ALT 301 OLY	H-9 HIS 501 LA	H-9 POL 501 AS
Tu	H-9 POL 301 KZ	H-9 ALT 301 OLY	H-9 POL 301 KZ	H-9 HIS 301 TS	H-9 HIS 501 LA	H-9 POL 501 AS
We	H-9 HIS 301 TS	H-9 POL 301 KZ	H-9 ALT 301 OLY	H-9 HIS 301 TS	H-9 HIS 501 LA	H-9 POL 501 AS
Th	H-9 ALT 301 OLY	H-9 POL 301 KZ	H-9 HIS 301 TS	H-9 ALT 301 OLY	H-9 POL 501 AS	H-9 HIS 501 LA
Fr	H-9 POL 301 KZ	H-9 VE 301 F	H-9 HIS 301 TS	H-9 ALT 301 OLY	H-9 POL 501 AS	H-9 HIS 501 LA

DON BOSCO COLLEGE, KOHIMA

timetable generated 08-06-2019

asc timetable



# Summary timetable of classes



ON BOSCO COLLEGE, KOHIMA

	Monday						Tuesday						Wednesday						Thursday						Friday								
	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th			
	9:10 10:00	10:00 10:50	11:00 11:50	11:50 12:40	1:10 2:00	2:00 2:50	9:10 10:00	10:00 10:50	11:00 11:50	11:50 12:40	1:10 2:00	2:00 2:50	9:10 10:00	10:00 10:50	11:00 11:50	11:50 12:40	1:10 2:00	2:00 2:50	9:10 10:00	10:00 10:50	11:00 11:50	11:50 12:40	1:10 2:00	2:00 2:50	9:10 10:00	10:00 10:50	11:00 11:50	11:50 12:40	1:10 2:00	2:00 2:50			
Hall 1	EDU 602 JM	EDU 604 IL		EDU 202 ST	EDU 402 IL		EDU 602 JM	EDU 604 IL		EDU 202 ST	EDU 402 IL		EDU 602 JM	EDU 604 IL		EDU 202 ST	EDU 402 IL		EDU 602 JM	EDU 604 IL		EDU 202 ST	EDU 402 JM		EDU 604 IL	EDU 602 JM		EDU 202 ST	EDU 402 JM				
Hall 2	ENG 607 PS	ENG 602 ASL	ENG 601 PS		ENG 202 OLY	ENG 402 TA	ENG 607 PS	ENG 602 ASL	ENG 601 PS		ENG 202 OLY	ENG 402 TA	ENG 607 PS	ENG 602 ASL	ENG 601 TA		ENG 202 OLY	ENG 402 TA	ENG 607 PS	ENG 602 ASL	ENG 601 TA		ENG 202 OLY	ENG 402 TA	ENG 607 PS	ENG 602 ASL	ENG 601 TA		ENG 202 OLY	ENG 402 TA			
Hall 3				ENG 203 TA	ENG 403 PS						ENG 203 TA	ENG 403 PS						ENG 203 TA	ENG 403 PS						ENG 203 TA	ENG 403 PS						ENG 203 TA	ENG 403 PS
Hall 4	HIS 602 TS	HIS 603 LA		HIS 202 TS	HIS 402 VV		HIS 602 TS	HIS 603 LA		HIS 202 TS	HIS 402 VV		HIS 602 TS	HIS 603 LA		HIS 202 TS	HIS 402 VV		HIS 602 TS	HIS 603 LA		HIS 202 VV	HIS 402 VV		HIS 603 LA	HIS 602 TS		HIS 202 VV	HIS 402 VV				
Hall 5	POL 603 ZS	POL 602 AS		POL 202 KZ	POL 402 AS		POL 603 ZS	POL 602 AS		POL 202 KZ	POL 402 AS		POL 603 ZS	POL 602 AS		POL 202 KZ	POL 402 ZS		POL 603 KZ	POL 602 AS	VE 201 Fr. P	POL 202 KZ	POL 402 ZS		POL 602 AS	POL 603 KZ		POL 202 KZ	POL 402 ZS				
Hall 6			EDU 601 IL		EDU 401 ST	EDU 401 JM			EDU 601 IL		EDU 201 ST	EDU 401 JM				EDU 601 IL		EDU 201 ST	EDU 401 JM				EDU 601 IL		EDU 201 ST	EDU 401 JM				EDU 601 IL		EDU 201 ST	EDU 401 JM
Hall 7	SOC 602 VK	SOC 605 VY	SOC 601 SA	SOC 202 VK	SOC 402 SA	SOC 401 VK	SOC 602 VK	SOC 605 VY	SOC 601 SA	SOC 202 VK	SOC 402 SA	SOC 401 VK	SOC 602 SA	SOC 605 VY	SOC 601 SA	SOC 202 VK	SOC 402 SA	SOC 401 VK	SOC 602 SA	SOC 605 VY	SOC 601 SA	SOC 202 VK	SOC 402 SA	SOC 401 VK	SOC 602 VY	SOC 605 VY	SOC 601 SA	SOC 202 VK	SOC 402 SA	SOC 401 VK			
Hall 8	ENG 201 ASL	POL 201 ZS	HIS 201 LA	POL 601 AS	SOC 201 VY	ENG 201 ASL	ENG 201 ASL	POL 201 ZS	HIS 201 LA	POL 601 AS	SOC 201 VY	ENG 201 ZS	ENG 201 ASL	POL 201 ZS	HIS 201 LA	POL 601 AS	SOC 201 VY	ENG 201 ASL	POL 201 ZS	HIS 201 LA	POL 601 ASL	SOC 201 VY	ENG 201 ASL	HIS 601 TS	SOC 201 VY	HIS 201 LA	ENG 201 ASL	POL 201 ZS	HIS 201 LA				
Hall 9	ALT 401 OLY	POL 401 KZ	HIS 401 VV	ALT 401 OLY	ALT 601 TS	EVS 601 Fr. P	POL 401 KZ	ALT 401 OLY	POL 401 KZ	HIS 401 VV	HIS 601 Fr. P	EVS 601 VV	HIS 401 KZ	POL 401 OLY	ALT 401 VV	HIS 601 TS	EVS 601 Fr. P	ALT 401 OLY	POL 401 KZ	HIS 401 VV	ALT 401 OLY	POL 601 AS	EVS 601 Fr. P	POL 401 KZ	VE 401 Fr. P	HIS 401 VV	ALT 401 OLY	POL 601 AS	EVS 601 Fr. P				

**TIME TABLE**  
**ACADEMIC YEAR 2018-19**  
**SUBJECT ALLOTMENT**  
**2<sup>nd</sup> 4<sup>th</sup> 6<sup>th</sup> SEMESTER**



S.N	Department	Staff Name	Staff Code	Subject	Total class
1	English	Mrs. Pinky Sagolsem	PS	ENG(H)403, ELENG601, ENG(H)607B	12
2	English	Dr. Toshimenla	TO	ENG(H)203, ELENG402, ELENG601	13
3	English	Ms. Otoli V Yeptho	OY	ALTE401, ELENG202	12
4	English	Dr. Adenuo Shirat Luikham	ASL	ENG(G)201, ENG(H)605	12
5	Political Science	Mrs. Kezienuo	KZ	POL(H)202, POL401, POL(H)603	13
6	Political Science	Mr. N Zupenthung Shitiri	ZS	POL201, POL(H)402, POL(H)603	12
7	Political Science	Dr. Aosunep	AO	POL601, POL(H)602, POL(H)402	12
8	History	M s. Tsutshowe-U Sekhamo	TS	HIS(H)602, HIS601, HIS(H)202B	13
9	History	Dr. Lanukumla Ao	LA	HIS(H)603B, HIS201	13
10	History	Ms. Vehutalu Vero	VV	HIS401, HIS(H)402, HIS(H)202B	13
11	Education	Miss. Jarani Mao	JM	EDU(H)602, EDU401, EDU(H)402	12
12	Education	Ms. Senitule	ST	EDU201, EDU(H)202	13
13	Education	Dr. Imtinaro Longkumer	IL	EDU(H)604, EDU601, EDU(H)402	13
14	Sociology	Dr. Velhou Koza	VK	SOC(H)202, SOC401, SOC(H)602	12
15	Sociology	Mr Sanihe Ariijii	SA	SOC(H)402, SOC601, SOC(H)602	12
16	Sociology	Ms. Viphreseno Yhokha	VY	SOC201, SOC(H)605, SOC(H)602	11
17	Value Education	Dr. Fr. P. Suresh	FP	EVS601, VE-201, VE-401	3



Teacher Mr S. Lokho Anthony

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO	N-F1 HIS-HC 101 LA	N-F1 HIS-HGE 101 LA	N-F1 HIS-HGE 101 LA			
TU	N-F1 HIS-HC 101 LA	N-F1 HIS-HGE 101 LA	N-F1 HIS-HGE 101 LA			
WD	N-F1 HIS-HC 101 LA	N-F1 HIS-HGE 101 LA	N-F1 HIS-HGE 101 LA			
TH	N-F1 HIS-HC 101 LA	N-F1 HIS-HGE 101 LA	N-F1 HIS-HGE 101 LA			
FR	N-F1 HIS-HC 101 LA	N-F1 HIS-HGE 101 LA	N-F1 HIS-HGE 101 LA			
Sa	N-F1 HIS-HC 101 LA	N-F1 HIS-HGE 101 LA	N-F1 HIS-HGE 101 LA			

Teacher Mrs. Jarani Mao

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO	N-F6 EDN C-2 JM	F-1 EDN602 JM				
TU	N-F6 EDN C-2 JM	F-1 EDN602 JM				
WD	N-F6 EDN C-2 JM	F-1 EDN602 JM				
TH	N-F6 EDN C-2 JM	F-1 EDN602 JM	N-F6 EDN GE-1 JM			
FR	N-F6 EDN C-2 JM	F-1 EDN602 JM	N-F6 EDN GE-1 JM			
Sa	N-F6 EDN C-2 JM	F-1 EDN602 JM	N-F6 EDN GE-1 JM			

Teacher Mrs. Senthil

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO	F-1 EDN603 SE	N-F6 EDN C-1 SE	N-F6 EDN GE-1 SE			
TU	F-1 EDN603 SE	N-F6 EDN C-1 SE	N-F6 EDN GE-1 SE			
WD	F-1 EDN603 SE	N-F6 EDN C-1 SE	N-F6 EDN GE-1 SE			
TH	F-1 EDN603 SE	N-F6 EDN C-1 SE	N-F6 EDN GE-1 SE			
FR	F-1 EDN603 SE	N-F6 EDN C-1 SE	N-F6 EDN GE-1 SE			
Sa	F-1 EDN603 SE	N-F6 EDN C-1 SE	N-F6 EDN GE-1 SE			

Teacher Dr. Intinaro Longkumer

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO			S-3 EDN301 IL		F-1 EDN302 IL	S-3 EDN501 IL
TU			S-3 EDN601 IL		F-1 EDN302 IL	S-3 EDN301 IL
WD			S-3 EDN601 IL		F-1 EDN302 IL	S-3 EDN301 IL
TH			S-3 EDN301 IL		F-1 EDN302 IL	S-3 EDN501 IL
FR			S-3 EDN601 IL		F-1 EDN302 IL	S-3 EDN301 IL
Sa			S-3 EDN301 IL		F-1 EDN302 IL	S-3 EDN301 IL

Teacher Dr. Velhou Koza

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO	N-F2 SOC/HVC-1 VK		N-F3 SOC/HGE-1 VK			
TU	N-F2 SOC/HVC-1 VK		N-F3 SOC/HVC-1 VK			
WD	N-F2 SOC/HVC-1 VK	N-F2 SOC/HVC-2 VK	N-F3 SOC/HVC-1 VK			
TH	N-F2 SOC/HVC-1 VK	N-F2 SOC/HVC-2 VK	N-F3 SOC/HVC-1 VK			
FR	N-F2 SOC/HVC-1 VK	N-F2 SOC/HVC-2 VK	N-F3 SOC/HVC-1 VK			
Sa	N-F2 SOC/HVC-1 VK	N-F2 SOC/HVC-2 VK	N-F3 SOC/HVC-1 VK			

Teacher Mr. Sanihe Ariji

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO	S-4 SOC502 SA	N-F2 SOC/HVC-2 SA				T-1 SOC301 SA
TU	S-4 SOC502 SA	N-F2 SOC/HVC-2 SA	T-1 SOC501 SA			
WD		S-4 SOC502 SA	T-1 SOC501 SA			
TH		S-4 SOC502 SA	T-1 SOC501 SA			T-1 SOC501 SA
FR		S-4 SOC502 SA	T-1 SOC501 SA			
Sa		S-4 SOC502 SA				

Teacher Mrs Viphareseno Yohkha

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO		S-4 SOC305 VY	S-4 SOC301 VY		S-4 SOC302 VY	
TU		S-4 SOC305 VY			S-4 SOC302 VY	S-4 SOC301 VY
WD	S-4 SOC305 VY				S-4 SOC302 VY	S-4 SOC301 VY
TH	S-4 SOC305 VY		S-4 SOC301 VY		S-4 SOC302 VY	
FR	S-4 SOC305 VY				S-4 SOC302 VY	S-4 SOC301 VY
Sa	S-4 SOC305 VY		S-4 SOC301 VY			

Teacher Dr. Fr. P. Suresh

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO						
TU						
WD						
TH	T-2 VE 301 F					
FR						
Sa	T-2					

Teacher Mrs Zavelii Kezo

	1st 7:30 - 8:20	2nd 8:20 - 9:10	3rd 9:10 - 10:00	Short Break 10:00 - 10:30	4th 10:30 - 11:20	5th 11:20 - 12:10
MO						
TU						
WD						T-2 EVS 501 ZV
TH					T-2 EVS 501 ZV	
FR						