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(5th Semester)

PSYCHOLOGY

(Honours)

Paper No. : PSY-502 (a)

(**Counselling Psychology**)

Full Marks : 70

Pass Marks : 45%

Time : 3 hours

*The figures in the margin indicate full marks
for the questions*

1. (a) Discuss the purpose and goals of counselling. 14

Or

(b) Discuss the professional and ethical issues in counselling. 14

2. (a) What are the different stages of counselling? 14

Or

(b) Describe the various assessment techniques for counselling. Cite with an example. 14

3. (a) Discuss the counselling approach in psychodynamic theory. 14

Or

- (b) What do you understand by cognitive approach in counselling? Elucidate with an example. 10+4=14

4. (a) Describe the role of counsellor in drug de-addiction centre. 14

Or

- (b) Explain the various methods of family and couples counselling. 14

5. (a) Describe the application of yoga and meditation in counselling. 14

Or

- (b) Explain the history of counselling in India. 14
